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Lessons learned

In honour of Free the Children's We Day, Metro examines the power of education both in and out of the classroom PAGES 16-18

Why mess with a classic?

The Reel Guys are no fans of the new Carrie flick PAGE 21

YOU COULD SEE THE CROONERS IN VANCOUVER AS THE GROUP TEAMS UP WITH BIG BROTHERS BIG SISTERS PAGE 25

A home in East Vancouver, which investigators from the College of Dental Surgeons of B.C. raided on Thursday. JENNIFER GAUTHIER/FOR METRO

Home dentist raided in East Vancouver

Investigation. Another illegal practitioner suspected after patient files complaint

Investigators seized dental equipment from the home of an apparent rogue dentist in East Vancouver on Thursday, the second such raid on a dental practice in the Lower Mainland in less than five months.

Dentist chairs and dental kits were loaded onto a truck behind the gated house at Kamloops and Adanac streets, where a man appeared to run a fully operational dental practice, according to a complaint investigator from the College of Dental Surgeons of B.C. who spoke to reporters at the scene.

A patient alerted the college to the alleged illegal practice, investigator Alex Penner said following the raid that had Vancouver police on hand to keep the peace.

It's not clear how long the East Vancouver man has been performing dentistry, but patients continued to arrive at the home Thursday morning, Penner said.

While Penner didn't divulge much detail about the case for legal reasons, he did say it is not connected to Tung Sheng (David) Wu.

Wu is on the lam and was sentenced to jail on Tuesday for contempt of court. He ran an unsanitary practice from his Burnaby home for a decade after the B.C. Supreme Court prohibited him from doing so.

Authorities fear Wu is still practising from a makeshift clinic. There is a $2,000 reward for turning him in.

The East Vancouver man was home when investigators arrived to serve him with court documents and seize his equipment, but he did not come outside to speak to reporters. All the blinds were tightly shut.

While the college has "no idea" how many underground dentists operate in B.C., "as we find them we'll investigate," Penner said.

These cases are "really, really rare," college spokeswoman Anita Wilks said Thursday.

It's not yet clear what prompted someone to alert the college to the East Vancouver dentist, but following the Wu case the college encouraged the public to call if anyone was providing services without registration.

EMILY JACKSON/METRO

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The Beladean Motel and Trailer park on October 10. JENNIFER GAUTHIER/METRO FILE

Trailer-park fiasco prompts review

Surrey. Politicians call for tenancy-law enforcement

Frustrated Surrey politicians are renewing calls on the B.C. government to enforce provincial tenancy legislation in light of the ongoing misery at a number of local trailer parks, including one that has been without power for more than a month.

Surrey Coun. Judy Villeneuve and NDP Surrey-Green Timbers MLA Sue Hammell say the Residential Tenancy Act unfairly puts the onus on neglected tenants, many of whom are struggling on low incomes, to navigate a labyrinth of legal hassles.

"If nothing is being done after the landlord is notified (by the Residential Tenancy Branch) that they have to rectify the situation, then the process is that the tenants have to take it on through the court system, which is ridiculous," Villeneuve said on Thursday.

"Most of these tenants can't even begin to afford to do that, and the process is onerous."

Surrey Mayor Dianne Watts wrote a letter to Housing Minister Rich Coleman in July asking him to enforce the Manufactured Home Park Tenancy Act after the owner of the King George Trailer Park failed to maintain it, while raising rents.

The Housing Ministry refused to release Coleman's reply, which was sent on Aug. 30, and insisted that Metro file a Freedom of Information Request.

But in an email on Thursday, ministry spokeswoman Sandra Steilo said that if a landlord fails to maintain a trailer park, "tenants should bring their concerns to the local government, which is responsible for standards of maintenance."

Villeneuve called that response a "downloading" of responsibilities, and Hammell agreed. "When it's a provincial law, unless there is an agreement (with the municipality), then they're responsible for the law," she said.

"We can, as governors and legislators, argue about whose jurisdiction what lies in, but what happens is the citizens of the city and the province end up the ones suffering."

Desperate for a policy with some teeth, Surrey city council passed a standard of maintenance bylaw last year allowing them to issue orders and impose fines of up to $10,000 on landlords who fail to comply with provincial laws.

But that's just the beginning of the kind of deterrent for slumlord behaviour Villeneuve would like to see. She said she wants the province to start imposing fines between $200,000 and $500,000 in extreme cases.

"I'd say (the Residential Tenancy Branch) is useless," she said. "It's fine if they can make a decision that there's a problem, but if they don't take the next step to force the landlord to comply with their decision, then what good is that for tenants?" KATE WEBB/METRO

Kitsilano. Residents to protest bike path through beach park

Kitsilano residents are drawing battle lines over bike lanes.

A planned bike path through Kitsilano Beach Park, designed to separate pedestrians from cyclists and boost safety on the busy seaside route, has sparked protest from those who don't want to sacrifice green space for concrete.

Despite city surveys that found park users "overwhelmingly" supported a separated path for cyclists, some residents say they haven't been adequately consulted about the route that will bisect a popular picnic area and require the removal of some trees and at least one memorial bench.

The city said residents had sprayed white lines to mark the path, which the city powerwashed away on Thursday.

Kits resident Paul Hughes, who isn't affiliated with any particular group, questioned why cyclists can't use the quiet street behind the park.

"I don't think another pet project bike path is needed," he said.

This is the second bike lane to cause controversy in the neighbourhood the past few months. Loud opposition erupted this summer when the city decided to close Point Grey Road to commuter car traffic at Macdonald in order to develop a seaside greenway that aims to connect the western beaches to False Creek.

Residents opposed to the bike lane will hold a meeting at the Kits Boathouse restaurant on Sunday at noon.

EMILY JACKSON/METRO

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Abbotsford police stats.
Distracted drivers not acting their age

Age is more than a number when it comes to distracted driving.

With police departments all over the province cracking down on the dangerous practice, Abbotsford cops dug deeper into their distracted-driving statistics on Thursday to give the public a profile of those being issued tickets.

It's easy to think teenagers are largely at the root of the problem, but the statistics show that just 3.5 per cent of the 4,025 people issued violation tickets for using electronic devices while driving since Jan. 1 were under the age of 20.

In fact, those in the 61- to 70-year-old age group were handed two more tickets (144 total).

The bulk of the violations involved people between the ages of 20 and 40.

Twenty-one- to 30-year-olds were handed 27.6 per cent of the violation tickets (1,111 total).

The worst offenders proved to be 31- to 41-year-olds at 30 per cent (1,207 violations).

Forty-one- to 50-year-olds had 23.2 per cent of the violations, 51- to 60-year-olds had 11.57 per cent and 71- to 80-year-olds represented just 0.52 per cent of the tickets handed out this year.

MATT KIELTYKA/METRO

Abbotsford police have been cracking down on distracted drivers all year, issuing thousands of tickets to date. JENNIFER GAUTHIER/FOR METRO

SteamWorks brewers John Folinsbee, left, and Tak Guenette, centre, hold up their award-winning pilsner with B.C. Beer Awards' Sujinder Juneja. MATT KIELTYKA/METRO

B.C. Beer Awards tap into local talent

45 breweries, more than 300 beers.
Awards and festival are signature event of B.C. Craft Brew Month

MATT KIELTYKA
matt.kieltyka@metronews.ca

The competition is more hopped up than ever for Saturday's fourth annual B.C. Beer Awards and Festival.

The tremendous growth of the province's craft-beer industry will be on full display during the one-day event at the Croatian Cultural Centre.

"It has absolutely exploded," said awards spokesperson Sujinder Juneja. "In the first year, we had 20 breweries that participated (and) submitted about 120 beers for judging. Now in the fourth year, we've had close to 45 breweries presenting over 300 beers."

SteamWorks won the 2012 Best in Show with its pilsner, but Juneja said this year's winner could come from anywhere.

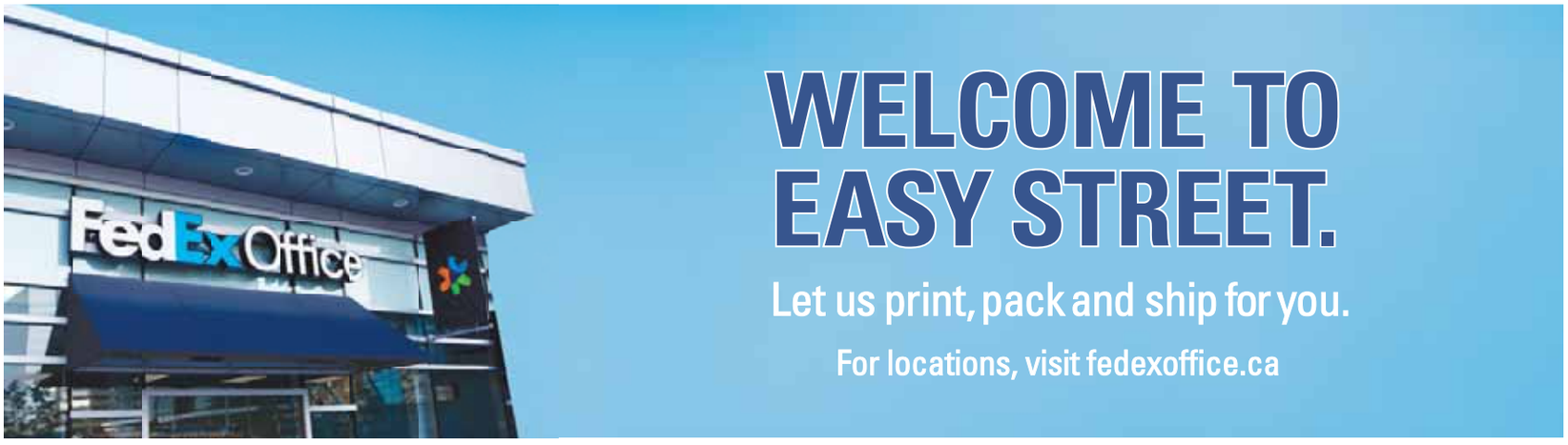
"That win went against the preferred trend in B.C., of drinkers liking more pale ales and IPAs," he said. "The brewers are really celebrating the spirit of innovation. There's no holds barred; they're pushing the boundaries of what traditional beers taste like."

Tickets are still available for the event but are expected to sell out.

Juneja credits the popularity of the festival, and the growth of the industry in general, on maturing public taste.

"There's that hyper local movement; people like to buy local and support local," he said. "We're getting a new generation into beer, but it's not just throwing back any old beer. People want to be educated about the beers and get involved in the sense of community."

The awards and festival are the signature event during October's B.C. Craft Brew Month.



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B.C. ShakeOut. When the earth shakes, rattles and rolls — drop, cover, hold

The loud rumblings of a mock earthquake screeched over the public-address system at the B.C. legislature Thursday, signalling the start of a provincewide earthquake drill that included the potentially lifesaving drop, cover and hold manoeuvres.

Sirens followed and government workers joined hundreds of thousands of British Columbians, including schoolchildren, who hid under their desks and were evacuated.

Justice Minister Suzanne Anton estimates 690,000 participated in the Great British Columbia ShakeOut.

Anton says the drop, cover and hold moves are critical first steps in the event of a real earthquake, but so are practising escape routes and preparing earthquake kits.

THE CANADIAN PRESS

Piracy again? Greenpeace activists may see charges over protest at oil facility

Sixteen Greenpeace protesters are now awaiting a decision on whether they will face charges for a day-long demonstration at an oil storage facility in Burnaby.

Greenpeace spokesman Mike Hudema says the activists unchained themselves from equipment at Kinder Morgan's Westridge facility Wednesday night and were briefly detained by police.

Protesters occupied the site early Wednesday, vowing to send a strong message to Prime Minister Stephen Harper, urging him to halt plans for oil pipeline expansion in British Columbia. THE CANADIAN PRESS

Black Press, Glacier

Companies swap six newspapers

The owners of two community-newspaper chains in B.C. have agreed to swap six publications that serve more than 190,000 residents of Metro Vancouver and the Fraser Valley.

Black Press Ltd. announced on Twitter it will buy two papers from the Glacier Newspaper Group.

Black will also sell four to Glacier in a deal that's expected to close before Dec. 31.

THE CANADIAN PRESS

Contaminated water

Judge riled up over radio interview

The chairman of the North Okanagan Regional District says he meant no disrespect when he commented on a court ruling. Patrick Nicol says he gave a radio interview last month after a court found the district guilty for not protecting a drinking water source from contamination. Judge Mayland McKimm has delayed sentencing, saying Nicol's comment that the regional agency did all it could was out of line. THE CANADIAN PRESS

A totally legal way to be high on grass

Graham Reid of Holland Landscapers mows the six-acre living roof atop the Vancouver Convention Centre on Thursday. The largest roof of its kind in Canada, it features 400,000 indigenous plants and grasses as well as four beehives. JENNIFER GAUTHIER/FOR METRO

Audio tape holds some of Matters' final moments

Confrontation. RCMP heard trying to get the ex-soldier to surrender before he was killed

An audio recording has been released recounting some of the final moments of Greg Matters' life, as an RCMP officer tried to negotiate the surrender of the distraught former peacekeeper just before he was killed by the force's emergency-response team.

Matters was fatally shot last September on the rural property he shared with his mother near Prince George.

Only the voice of now-Insp. Brad Anderson can be heard on the half-hour recording, entered as evidence at a coroner's inquest into Matters' death and released to media late Wednesday.

The interaction heard on the recording suggests Anderson was gaining rapport with Matters and, at one point, had coaxed the 40-year-old to within steps of surrender.

"I just really want to keep this peaceful. I just want to get your side of the story, you know that," Anderson says, then pauses to listen. "Well let's come in, you talk to us. Let's see where you are."

But the inquest has heard Matters suddenly retreated to a cabin on the property, and the recording suggests he grew increasingly anxious on the other end of the phone.

It is clear from the recording that Matters asked for a helicopter that had been deployed to circle overhead be removed.

The inquest has already heard Matters was shot in the back during the confrontation. Police had gone to Matters' home to arrest him for assaulting his brother the day before.

The coroner's jury has heard that Matters was in treatment for post-traumatic stress disorder, which his psychiatrist linked to both his time on a peacekeeping mission in Bosnia and to two assaults he suffered at the hands of his military comrades.

THE CANADIAN PRESS

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Vancouver Mayor Gregor Robertson addresses the Vancouver Board of Trade on Wednesday. EMILY JACKSON/METRO

Mayor open to talks with Kinder Morgan

Pipeline plans. Robertson tells Metro he'd 'welcome the opportunity' to talk to the company's president

Local politics

"All politics are local. All benefits are local. All issues are local. We can talk all we want about the national good." Kinder Morgan Canada president Ian Anderson

EMILY JACKSON
emily.jackson@metronews.ca

It's no secret that Vancouver Mayor Gregor Robertson isn't a fan of Kinder Morgan's plan to nearly triple the size of its Trans Mountain pipeline from Alberta to Burnaby, an expansion that would result in hundreds of extra tankers dotting Vancouver's coastline annually.

The mayor has refused to meet with Kinder Morgan Canada president Ian Anderson, the president told a Calgary business audience on Wednesday.

But contrary to Anderson's remarks, Robertson told Metro he "would welcome the opportunity."

"My door is always open," Robertson said. City staff has been in dialogue with the company for "quite some time," he added.

"Kinder Morgan is certainly aware of my huge concerns about the big risks of an oil spill in Vancouver's harbour," he said.

"I'm looking forward to an opportunity to connect and make sure he understands my concerns on behalf of Vancouver's citizens."

Kinder Morgan plans to file a regulatory application in December for extra capacity to ship more crude to Asia.

Pipeline plans, however, have met with strong opposition in B.C. due to environmental concerns. On Wednesday, Anderson said he's encouraged by B.C. Premier Christy Clark's upcoming discussions with Alberta Premier Alison Redford and that it's best to deal with concerns on a municipal level.

WITH FILES FROM THE CANADIAN PRESS

Notorious bank robber wins book award

His tales of battling addiction, the painful struggle of prison life and the separation from friends and family have earned one of Canada's most notorious bank robbers a literary prize worth $5,000.

Stephen Reid was a member of the so-called Stopwatch Gang, which hauled in $15 million while robbing some 100 banks in Canada and the U.S. during the 1970s and 80s.

He is currently serving an 18-year sentence at the William Head Institution on Vancouver Island for a 1999 bank robbery and shootout with police in Victoria.

But the spotlight was on Reid, once again, Wednesday night, when he was awarded the 2013 City of Victoria Butler Book Prize for his collection of essays, A Crowbar in the Buddhist Garden: Writing from Prison.

"When he called me tonight, he said 'it was my best jury decision ever,'" said Susan Musgrave, an acclaimed Canadian writer and Reid's wife of 27 years.

In fact, the three-member jury praised Reid's work as a "prison ethnography taut with wit and humanity."

THE CANADIAN PRESS

Jack Rabbit Parole

Reid is no literary freshman. He wrote the semi-autobiographical novel, Jack Rabbit Parole, which was published in 1987.

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‘All hell broke loose’ in New Brunswick shale gas protest

Rising tensions.
RCMP say 40 people arrested after cop cars were set ablaze, Molotov cocktails thrown

Quoted

“We strongly remind the RCMP that ... their role is not to take sides in disputes but to maintain peace.”

Liberal Opposition Leader Brian Gallant, in a statement urging the sides to resume talks to try to end the dispute.

The RCMP say dozens of people were arrested Thursday after Molotov cocktails were thrown at officers and police vehicles torched when they began enforcing an injunction to end an ongoing demonstration against shale gas exploration in eastern New Brunswick.

Const. Jullie Rogers-Marsh said at least five RCMP vehicles were destroyed after they were set ablaze and at least one shot was fired by someone other than a police officer at the site of the protest in Rexton.

“The RCMP has worked diligently with all parties involved in hopes for a peaceful resolution. Those efforts have not been successful,” Rogers-Marsh said. “Tensions were rising and serious criminal acts were and are being committed.”

The Mounties said at least 40 people were arrested for firearms offences, threats, intimidation, mischief and violating the court-ordered injunction.

The RCMP began enforcing the injunction at around 7:30 a.m. to end the blockade of a compound where energy company SWN Resources stores exploration equipment.

The protesters, who include members of the Elsipogtog First Nation, want SWN Resources to stop seismic testing and leave the province.

Robert Levi, a councillor with the Elsipogtog, said he went to the protest site early Thursday after hearing the RCMP had moved in to begin enforcing the injunction.

Levi said police pepper-sprayed dozens of people after 9:30 a.m. when he arrived with the chief and council.

“They sprayed the crowd that was there,” he said in an interview. “The chief was manhandled a little bit and all hell broke loose.”

THE CANADIAN PRESS

A burnt police vehicle is seen in Rexton, N.B., after police began enforcing an injunction to end an ongoing demonstration against shale gas exploration in eastern New Brunswick on Thursday. Police say at least five RCMP vehicles were destroyed after they were set ablaze and at least one shot was fired by someone other than a police officer at the site of the protest.

ANDREW VAUGHAN/THE CANADIAN PRESS

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SHOPPERS DRUG MART

Tourism

Vatican official fears pollution will limit access to Sistine Chapel

The head of the Vatican Museums warned Thursday he might be forced to limit the number of visitors to the Sistine Chapel if its new air conditioning and air purification systems don't significantly reduce "dangerous" pollution levels.

Antonio Paolucci told a conference that he was confident the new system, which is expected to be operational at the end of 2014, would curb the dust, humidity and carbon dioxide that are dulling and discolouring Michelangelo's frescoed masterpiece.

But he warned: "If this project doesn't work, I'll be forced to impose a limited number (of visitors)."

THE ASSOCIATED PRESS

Sex on a plane

He should have turned down this in-flight service

A man and a woman accused of engaging in oral sex on a June flight from Medford, Ore., to Las Vegas have pleaded guilty in U.S. federal court to misdemeanour disorderly conduct charges.

U.S. District Court Magistrate Judge George Foley in Las Vegas fined Christopher Martin and Jessica Stroble $250 US each.

An FBI affidavit says passengers saw Martin exposing himself and engaging in acts with Stroble despite warnings from flight attendants.

Martin's lawyer, Lawrence Hill, said Thursday his client was remorseful, had suffered personally and professionally, and hoped to put the incident behind him.

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A tourist wearing a mask walks in front of Tiananmen Gate on a polluted day in Beijing, China. The International Agency for Research on Cancer confirmed on Thursday that air pollution is a carcinogen.

ALEXANDER F. YUAN/THE ASSOCIATED PRESS FILE

Air pollution causes cancer, WHO confirms

Health. Main sources of pollution are widespread, including transportation, power plants, and industrial and agricultural emissions: Agency

What many commuters choking on smog have long suspected has finally been scientifically validated: Air pollution causes lung cancer.

The International Agency for Research on Cancer declared on Thursday that air pollution is a carcinogen. The decision came after a consultation by an expert panel organized by IARC, the cancer agency of the World Health Organization, which is based in Lyon, France.

"The air most people breathe has become polluted with a complicated mixture of cancer-causing substances," said Kurt Straif, head of the IARC department that evaluates carcinogens. He said the agency considers pollution to be "the most important environmental carcinogen," ahead of second-hand cigarette and cigar smoke.

IARC had previously deemed some of the components in air pollution such as diesel fumes to be carcinogens, but this is the first time it has classified air pollution in its entirety as cancer causing.

Air pollution is a complex mixture that includes gases and particulate matter, and IARC said one of its primary risks is the fine particles that can be deposited deep in the lungs.

"These are difficult things for the individual to avoid," Straif said, while observing dark clouds from nearby factories that he could see from his office window in Lyon. "When I walk on a street where there's heavy pollution from diesel exhaust, I try to go a bit further away. So that's something you can do."

THE ASSOCIATED PRESS

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Refugees

Don't deport Syrians, group urges Egypt

An international human rights group urged Egypt on Thursday to end its policy of unlawfully detaining Syrian refugees, including children, and forcibly returning them to their homeland where civil war is raging.

Amnesty International said that hundreds who have fled the bloodshed in Syria for sanctuary in Egypt — including many children without their parents — face prolonged detention in poor conditions or deportation, which has separated family members in some cases. THE ASSOCIATED PRESS

Ocean's seventeen

Spanish police arrest 17 suspects in jewelry heist

Spanish police have arrested 17 people for their role in stealing watches worth 23 million euros ($32 million), resolving one of the country's biggest jewelry heists, police say.

A police statement Thursday said thieves used sophisticated laser equipment to break into a Madrid watch store in broad daylight last year without setting off alarms. The gang then made contact with other criminal groups to offload the watches on black markets in China. THE ASSOCIATED PRESS

Protesting students from Paris high schools hold a poster reading "A Parisian is equal to an Armenian" referring to Khatchik, a recently expelled Armenian boy, during a demonstration in Paris on Thursday, in anger over the expulsion of some immigrant families. FRANCOIS MORI/THE ASSOCIATED PRESS

Expulsions spark protest in Paris

France. Students tried to march to the Interior Ministry, but were blocked by riot police with shields and helmets

Several hundred French teenagers erected barricades outside their schools and marched through Paris on Thursday to protest the police expulsions of immigrant families — including some of their classmates.

Police sprayed tear gas at a few students throwing projectiles but most marched peacefully, some climbing on bus shelters to shout demands for the interior minister's resignation.

Anger erupted this week over the treatment of a 15-year-old Kosovar girl who was detained in front of classmates on a field trip. The government says her eight-member family had been denied asylum and was no longer allowed to stay in France.

Such expulsions occur regularly around France as the government tries to limit illegal immigration. But the treatment of the girl touched a nerve, with critics saying police went too far and betrayed France's image as a champion of human rights.

The students, saying the expulsions are unfair to children, hope to pressure France's Socialist-led government to allow the girl and a recently expelled Armenian boy to return to France.

The Kosovar girl, Leonarda Dibrani, told The Associated Press from the northern Kosovo city of Mitrovica that she wants to return to France. Activists say her family fled Kosovo about five years ago because they are Roma, or Gypsies, and faced discrimination and few opportunities.

"My home is in France," Dibrani said in French. "I don't speak the language here and I don't know anyone. I just want to go back to France and forget everything that happened."

The French government has launched an investigation into her detention. THE ASSOCIATED PRESS

Israel. Hezbollah captures endangered eagle, claims espionage

Israeli eagles dangerously endangered by pesticides, electrical wires and poachers now apparently face a new threat: Lebanese Hezbollah guerrillas.

Hezbollah's Al-Manar website recently boasted of capturing an eagle that carried an Israel-labelled transmission device on its back and claimed the bird was an Israeli spy. It said hunters in central Lebanon shot down the bird and found devices on it as well as a copper ring on its leg that reads "Israel" in English followed by letters that refer to Tel Aviv University. The fate of the eagle remains unclear.

Israeli ornithologist Yossi Leshem said Thursday he was tracking the bird for research and was "incredibly frustrated" it was harmed. Leshem, a Tel Aviv university professor, has specialized in the Bonelli's Eagle for decades and said they are in great peril with just nine pairs of mating age remaining in Israel.

"The whole field of conservation is based on regional co-operation and not this nonsense," said Leshem. THE ASSOCIATED PRESS

Amsterdam. Opponents of Dutch blackface tradition demand change

The "Black Pete" tradition in the Netherlands is under fire from opponents who believe the figure is a racist caricature and who asked Amsterdam officials Thursday to revoke the permit for a popular children's festival because of it.

"Sinterklaas," the Dutch version of Santa Claus, is portrayed as a tall white man who arrives to great fanfare on Nov. 5, accompanied by dozens of clownish servants called "Zwarte Pieten" — Black Petes. These are typically white people wearing blackface makeup with red lips and curly "Afro" wigs.

Festivities around the country last a month, culminating in a night of poems and gift-giving.

The tradition is an important part of Dutch culture, but in recent years there have been growing complaints that Pete is offensive.

Opponents say the Sinterklaas festival should continue, but Pete's appearance should be changed.

Mayor Eberhard van der Laan will rule on the Amsterdam permit by the end of the month. THE ASSOCIATED PRESS

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Hey celeb, what was volunteering like?

"I can't even describe the joy I saw in children's eyes in Kenya, knowing they could go to school."

Shawn Desman, R&B singer

"It was very metaphorical. We built the foundation for that community and the kids."

Munro Chambers, actor on Degrassi

"The kids I met in Ghana were so excited about life. I know that they're going to conquer the world, and they're going to make it a better place."

Aislinn Paul, actress on Degrassi

Music lessons

CONTRIBUTED

Canada's classical vocal quartet The Tenors taught four-part harmony in rural Kenya recently, coaching high-achieving girls at Free the Children's Kisaruni Girls High School on how to belt out a tune. And not just any tune, but the Leonard Cohen classic Hallelujah.

- Remigio Pereira, Victor Micallef, Fraser Walters and Clifton Murray divided the 80 eager girls into four groups and each Tenor taught his part of the song to his group. They then came together to sing as one powerful voice.
- Murray spoke of how inspiring it was to "share the international language of music with girls who have faced their share of hardship." But through education, and a song in their hearts, he said, they are tomorrow's leaders.

Watch the video of the girls singing Hallelujah at metronews.ca.

WE DAY

Time to get schooled: Free the Children's We Day, an annual event to launch a yearlong series of youth actions, looks at the power of education

VANCOUVER 2013

Spencer West, front, climbs Mount Kilimanjaro with his best friends, David Johnson and Alex Meers.

CONTRIBUTED

Certain life lessons are universal: "Treat others how you want to be treated"; "Everything happens for a reason"; "Don't put aluminum foil in the microwave."

Then there are moments of personal triumph or tragedy that come with unforeseen life lessons. One such moment found me halfway up Mount Kilimanjaro, in Tanzania.

About 2,500 metres into our 5,895-metre Kilimanjaro climb, I felt like I'd been hit by a truck. After four consecutive days of waking with the sun to trek through challenging climates, we'd reached the alpine desert — scorching heat and arctic chill — and Africa's tallest peak had taken its toll. Up to this point I'd been climbing on my hands. My shoulders, elbows and wrists were waging war with my body, begging me to stop. My best friends, David and Alex, would have to carry me in an apparatus that had been custom-built for the occasion of my defeat. The mountain had won.

Summit day

David and Alex were in rough shape, having lost the contents of their stomachs to altitude sickness. Physically, I felt fine. I guess being 2'7" finally paid off.

Spencer West, on the lessons he learned climbing Kilimanjaro without legs.

Then came summit day. David and Alex were in rough shape, having lost the contents of their stomachs to altitude sickness. Physically, I felt fine. I guess being 2'7" finally paid off.

Mentally, I was struggling with something I'll never forget. For the first time in my life I wished I had legs, not for my sake, but because I wanted to be able to carry my friends like they had carried me.

Evidently, my fairy godmother had the day off. Instead, I did the only thing I could do. I spoke from the heart, expressing words of encouragement the entire way to the top to keep their spirits up and their minds distracted from the gruelling monotony of putting one foot in front of the other.

I became the best damn cheerleader that mountain had ever seen. And I carried them, emotionally speaking.

The lesson? Always exercise in oxygen-rich environments.

No, really, it's this: I didn't fail for being carried; I succeeded when I asked for help, and then I returned the favour.

Nobody achieves anything exceptional on their own. I learned the importance of having others who believe in you.

For 57 million children around the world who are denied access to education, the ability to read, write and receive formal job training are lost.

But those children might also be denied moments of sudden, unexpected inspiration that come from the encouragement of their peers, life lessons they would have learned from exposure to alternative perspectives, and mentorship opportunities from teachers. An entire ecosystem of support is also lost.

For me, part of being educated means having the confidence to believe in yourself and the humility to ask for help. It's the ability to recognize teachable moments and extract moral lessons.

Education is the implicit knowledge that somebody believes in you, will celebrate your successes and shoulder your mistakes. Education is mentorship; it's the confidence that teachers instil in students so that when students graduate, they no longer need their teachers. Education is sustainability. We are in danger of losing this social capital, and 57 million life lessons.

SPENCER WEST/FOR METRO

Hey kid, what's the most important thing you've ever learned in school?

"Making friends and being friendly. You have to learn how to talk to people in a nice way."

Tia Gilmour, Grade 7

"Science. You learn more about the solar system and how the world works."

Carter Skippen, Grade 5

"Probably math. People need to know their numbers before they get older."

Cole Constantini, Grade 3

"Learning French. Just for having a second language and we live in a bilingual country."

Amanda Constantini, Grade 7

"Social skills. You learn how to talk to friends and be nice to people."

James Hamilton, Grade 5

NICK WELLS/METRO

Learning comes in many forms, whether it's the formal education of schooling or the lessons gleaned from volunteer work. Here are a few stories of how Free the Children is impacting people's educations:

Single mom at 12, Rahab Sopiato leaves her charcoal-making days behind for a new career

Rahab Sopiato, 40, gave birth to the first of three children when she was just 12. She bursts out laughing when asked what happened to the father, but makes it clear that he didn't stick around, so she scratched out a living making charcoal.

It was gruelling, hopeless work in the Maasai community of Kajiado, located a three-day walk south of Nairobi in Kenya's Rift Valley.

To make charcoal, Sopiato scavenged branches and chopped them into pieces. Then she covered the pile in leaves and set it alight, before burying it in dirt. The heap smouldered. In three days' time, she had charcoal briquettes, enough to fill one sack.

The market was three hours away, so she borrowed a neighbour's donkey to get there. If she was lucky, she sold the sack for 100 Kenyan shillings, enough to buy corn flour to make a thin porridge for her children. If she wasn't, she returned home with the sack but no food for dinner.

She repeated the process of making charcoal and trudging to market for three decades. She says she was very thin and sickly; so were her children. She couldn't afford to send her eldest daughter to high school, which in Kenya can cost the equivalent of $350 Canadian a year.

A high school education in Kenya is thought to be the golden ticket to a better life. She hated that she couldn't provide that.

Then two years ago, Sopiato heard about Me to We Artisans, which paid Mamas like her a fair wage for their beaded handiwork, which was designed for a Western market and sold around the world. Me to We Artisans donates half of its profits to Free The Children, and uses the other half to grow the business.

Sopiato makes bracelets, necklaces and earrings. This fall, she focuses on "ABC Education Rafiki Friend Chains." Each one sold buys school supplies for One Child for One Year. Fingers flying, she makes about 40 a day.

With the money she has so far earned, she was able to finally send her eldest daughter to secondary school. At 29, she just graduated. Sopiato happily talks about what she did with her first few paycheques from Me to We Artisans.

She bought two cows so her family had milk. Then she set up a small shop that sells sugar, soda, flour, rice, potatoes and sweets.

While she waits for customers, she beads.

And at night, Rahab sits on the comfortable cushioned seats she bought, in her newly painted house, and watches her small TV.

After many years of unrelenting hard work, she relaxes. She pats her ample stomach and thick thighs and says the extra pounds she has gained are another tangible sign of her good fortune.

She hopes to never make another charcoal briquette in her life. She also hopes that her children, well educated and well on their way, will support her as she grows old.

SHELLEY PAGE/FREE THE CHILDREN/FOR METRO

COURTESY SCOTT RAMSAY

One way to make a living

Sopiato scavenged branches and chopped them into pieces. Then she covered the pile in leaves and set it alight, before burying it in dirt.

Stars shine at We Day Vancouver

Athletes, actors and even diplomats will gather at Rogers Arena today to speak to Vancouver youth for Free the Children's We Day Event.

Speakers and performers at this year's Vancouver event include singer Avril Lavigne; Chief Shawn Atleo, the National Chief of the Assembly of First Nations; Lt.-Gen. Romeo Dallaire; Kofi Annan, former secretary general of the United Nations; Karina LeBlanc, two-time Olympian; and actor Adam Beach. Craig and Marc Kielburger, the founders of Free the Children and We Day, are also scheduled to speak to the crowd.

Students earn tickets to the event by performing a good deed on both a local and global level.

Kofi Annan GETTY IMAGES

About 18,000 youth will fill Rogers Arena on Friday. More than 160,000 kids are scheduled to attend 13 events across North America and the United Kingdom to celebrate We Day this year.

According to the organization's website, the We Act program has raised $37 million dollars for global causes, and logged over 1,000 local and more than 9.6 million volunteer hours.

The Vancouver event will be taped for broadcast on Nov. 11 and will also be livestreamed at mtv.ca/weday.

NICK WELLS/METRO

Education helps you manifest your destiny, Maasai man teaches suburban teen

It was the summer of 2011, and I was 16 years old when my outlook on life took a turn.

I found myself in Kenya for three weeks with Free the Children, and our mission was simple: Help build a school for the children who lived in the rural region of the Maasai Mara.

Our Maasai guide, whose English name was Steven, caught me alone with my thoughts as the sun set. What began as an earnest conversation about our respective lives turned into an image I've carried with me ever since.

Steven told me that life is a lottery; a game of chance. The situation a person is born into is a matter of luck, and destiny has nothing to do with it.

Steven talked about the control we must exert over our lives and that destiny plays no part in the outcome. His dream was to get an education, so he could become more than a cattle herder — the traditional role of a Maasai man. The point: Whether it is rural Kenya or the suburbs of Toronto, an education opens us up to a larger world than the one we were born into.

And that gives us the power to choose the life we want to lead. My conversation with Steven left me with many thoughts, but one prevailing theme: Although where we find ourselves at birth may be a matter of chance, an education puts us on our life's path.

DEVIN JONES, ME TO WE VOLUNTEER IN KENYA

CONTRIBUTED

Gratitude learned through carrying water

It usually happens when I turn on the tap. As the water comes out, so do memories of my three overseas trips with Me to We.

This year was Ghana. I was there to help build a school. It was amazing to watch mothers and women of the Assemkow community continuously walk back and forth with huge pans of water on their heads.

CONTRIBUTED

I tried carrying just a small one and it was so difficult. I don't know how they do it so easily, let alone with no hands. To think that the water they are carrying is not even clean really got to me. They go through all this work to have access to dirty water for drinking, bathing and doing laundry, yet back at home I simply turn on the tap and clean water comes rushing out.

It was actually too much water that created a challenge in Assemkow. Free the Children already had two buildings up. The community already had two kindergarten classes, but they were not running because a storm had ripped off the roof of the building, so they had no choice but to shut it down. We helped get that roof up and the school running in no time, but it was mostly the community that made it happen.

I am now more cautious about everything I do and waste as little as possible. Overall, the trip has inspired me to save water and to be way more grateful with all I have.

MADISON JAMESON, ME TO WE VOLUNTEER IN GHANA

Sharron Wilson:
Supporting the arts

STEPHANIE ORFORD
For Metro

It's ironic, Sharron Wilson says. Since she retired in 2009, she has been busier than she ever found herself at work.

The arts volunteer has spent her time working with more local arts organizations and festivals than she can count on both hands.

Wilson sells tickets, ushers, helps run fundraisers and silent auctions and every other type of legwork local arts organizations need to run their events.

She volunteers upwards of 25 hours each week, and often much more, depending on what is going on. Festivals she works with year-round include the Vancouver Fringe Festival, the Vancouver International Film Festival, the Vancouver International Writers Festival, the PuSh Festival, the DOXA Documentary Film Festival, and many more.

She also does ongoing work with arts organizations including The Cultch, the Firehall Arts Centre, the Pacific Theatre, the Carousel Theatre for Young People, Ballet BC, the Vancouver Opera, and the Vancouver Symphony.

Wilson got into volunteering when she was working as an administrator at the Vancouver Sun and Province newspapers. There, she volunteered for the organization's charities, including the Raise a Reader campaign, the Vancouver Sun Children's Fund and the Province's Empty Stocking Fund.

"When I retired I looked for things that I enjoyed doing," she said, adding that volunteering for children's charities are especially important to her.

Even though she doesn't have an arts background, she has always enjoyed watching others perform, she said.

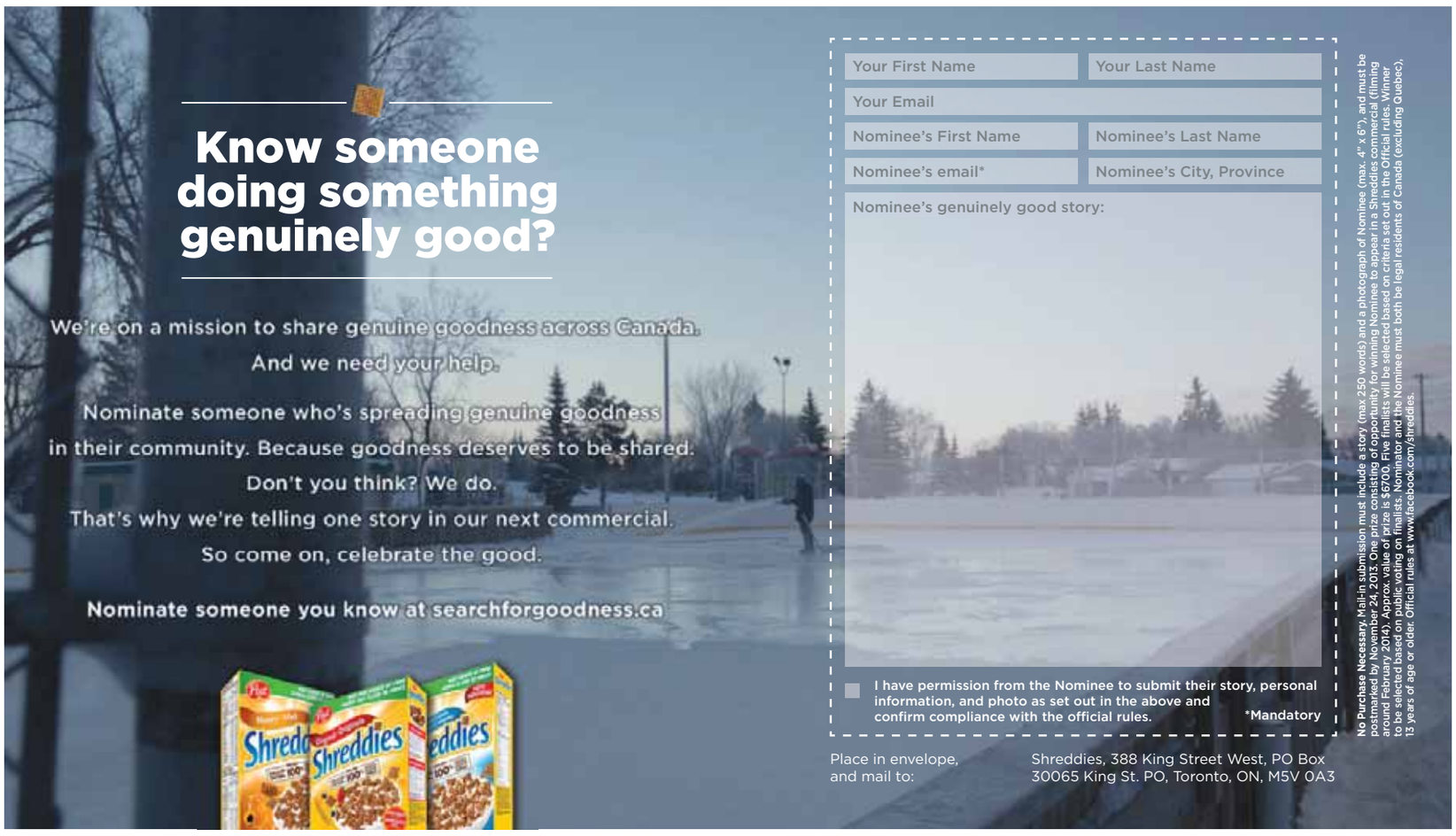
"One of my first loves is ballet. I always sort of thought that if I had had the opportunity I could have been a ballet dancer. I have nothing to base that on. It's a feeling I have," she added with a laugh.

"I love supporting the arts and I love the opportunity to see the performances. (Arts organizations) certainly need all the help they can get these days because there's not a lot of funding out there."

Jenn Graham, head front of house manager and volunteer co-ordinator at the Cultch, says Wilson is one of a kind and always willing to help out, whatever is needed.

"She is one of the most reliable and cheerful people I've ever met," Graham said. "Even when she's having a bad day she always has a smile on her face to welcome guests when they come in. She's just a lot of fun to have around the building."

Sharron Wilson sells tickets, ushers, helps run fundraisers and silent auctions and every other type of legwork local arts organizations need to run their events. CONTRIBUTED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Wages flat, costs up.

Many Brits working, but still struggling to get by

Having a job no longer offers a sure route out of poverty in Britain, with the working poor crushed by rising costs and stagnant wages, a first-of-its-kind report from the government said Thursday.

The Social Mobility and Child Poverty Commission report concluded that the government must do more to help low-paid workers. While government policies have traditionally focused on helping welfare recipients get work, the missing piece of the "policy jigsaw" is how to help people who are working but not economically stable, said Alan Milburn, the commission's chair.

"These are the people that heed the urgings of politicians of all hues to do the right thing, to stand on their own two feet, to strive not shirk," Milburn said. "Yet all too often the working poor are the forgotten people of Britain. They desperately need a new deal."

The report concludes that 4.8 million workers, often women, earn less than a living wage. Young people have been especially hard hit by deteriorating economic conditions.

The report said that two-thirds of Britain's poor children now live in families with at least one working adult. In 1997, that was less than half.

Public spending, particularly tax credits that subsidized stagnating wages, had in the past been the main engine that drove reductions in child poverty, but government austerity following the global financial crisis "removes that prop."

THE ASSOCIATED PRESS

The cycle of poverty

"The principal problem is that those working parents simply do not earn enough to escape poverty."

Social Mobility and Child Poverty Commission report

A food bank client reacts emotionally to the food donation he was given by volunteers in Rochdale, England. A new study finds many in Britain are having a hard time due to stagnant wages and soaring costs. CHRISTOPHER FURLONG/GETTY IMAGES

Harper heads to Europe to ink free-trade deal

Say cheese: Prime Minister Stephen Harper departs for Europe with International Trade Minister Ed Fast on Thursday. As part of the free-trade deal, the EU quota on cheese exports to Canada will double. ADRIAN WYLD/THE CANADIAN PRESS

Food bonds nations.

Strengthened ties mean Canadians will get access to more EU cheese, while our Euro brethren can nosh on more Canuck beef and pork

Prime Minister Stephen Harper headed to Brussels on Thursday to conclude a free-trade deal with the European Union, as Canada seeks to diversify its trade away from the United States.

EU trade spokesman John Clancy said in an email that the European Union and Canada hope to conclude the free-trade deal in the "coming days."

Harper posted on his official Twitter account that Canada will "soon" complete negotiations. His office said he will meet with the president of the European Commission, Jose Manuel Barroso.

Yves Leduc, director of international trade for the Dairy Farmers of Canada, said he's been told by a Canadian government official that an agreement in principle has been reached and that the European Union's 28 members and Canada's 10 provinces have to approve it.

Canada has agreed to permit a doubling of the EU quota on cheese exports to Canada in exchange for greater access for Canadian beef and pork producers. Leduc said Canada's cheese industry is angry because it threatens the fine-cheese market in Canada.

THE ASSOCIATED PRESS

Crisis averted

One thorny issue surrounding the deal was overcome Thursday when Canada announced it would lift visa requirements for Czech nationals.

- Canada had reimposed visa requirements for Czech citizens in 2007 because of concerns over an excessive number of asylum seekers.

Working out bugs

Windows 8.1 aims to please

Microsoft released its long-awaited Windows 8.1 upgrade as a free download Thursday. It addresses some of the gripes people have had with Windows 8.

THE ASSOCIATED PRESS

Détente for five years

Samsung attempts to avoid patent fine

Samsung Electronics Co. has offered not to launch any patent lawsuits over key mobile-phone technology in Europe for the coming five years, in hopes of avoiding a fine. THE ASSOCIATED PRESS

An Impossible Success

Former Nokia CEO recalls triumphs, defeats in memoir

Former Nokia CEO Jorma Ollila, who steered the Finnish company to become the world's biggest maker of cellphones, has conceded that several mistakes were made during his tenure, including a failure to predict changing customers' needs and developing new software.

In his memoir, which translates from the Finnish as An Impossible Success, Ollila says Nokia was unable to sustain its leading role because of tough competition.

THE ASSOCIATED PRESS

Market Minute

DOLLAR 97.15¢ (+0.38¢)

TSX 13,036.36 (+ 79.15)

OIL $100.67 US (-$1.62)

GOLD $1,323 US (+ $40.70)

Natural gas: $3.76 US (-0.02¢)
Dow Jones: 15,371.65 (-2.18)

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ORR YOU COULD JUST BUY THE BOOK

THE METRO LIST

Neil Morton
metronews.ca

1 Bobby Orr. In his new memoir, Orr, My Story, (it should have been called 'My St-ORR-y') the Boston Bruins Hall-of-Famer from Parry Sound, Ont., takes us inside what it was like to learn the game on the open ice of Georgian Bay, and about how to make hockey "fun" again for kids. One Orr story you won't hear in the book but I've heard a million times: My father-in-law lived on the same street as Orr when he played with the Oshawa Generals.

2 Tina & Amy. In an awesome coup, NBC locked in Tina Fey and Amy Poehler to be Golden Globe hosts for 2014 and 2015. Their 2013 co-hosting landed superlative reviews — and 19.7 million total viewers, a six-year high for the awards show. If I were NBC, I would have locked them in for 10 more years. But perhaps audiences are a little too fickle for that.

3 A world-famous double-double. A new survey of 70,000 consumers in 15 countries reveals that Disney is the world's most beloved brand, finishing ahead of others in the Top 10 like Yahoo, Google, Sony, Netflix, Whole Foods and Apple. Canada's iconic Tim Hortons finished No. 61 on the list, a sure sign it's becoming world famous. Someday, we'll be sipping double-doubles on Mars.

4 Sarah Richardson. Canada's superstar designer, whose latest TV show Real Potential launched last month on HGTV Canada, finally joined Twitter, tweeting on Thanksgiving: "It's official. I've joined the twitterverse!" You can follow her @SarahR_Design. If you want really good decor advice, tweet her. If you want really bad decor advice, tweet me.

5 Movember. It's that time of year again to get creative and grow a mo for Movember, which raises so much money and awareness to combat prostate and testicular cancer and mental health challenges. Think about registering yourself as an individual or as part of a team at movember.com. I grew a mo for the first time last year, and will be working on a new one for this year!

6 Facebook friend for iPhone. I love the creativity in many Kijiji listings, and one of my faves was this recent Peterborough, Ont., listing: "Wanted: Who has an iPhone they want to give me as a gift?" In return, the person offered to make a hat — yes, make a hat — and become a friend on Facebook. If they throw in a Twitter follow too, I'd consider.

7 BlackBerry. The troubled smartphone maker released an open letter You Can Continue To Count On BlackBerry ad campaign to its customers this week appealing for them to stick with the company through this tumultuous time of restructuring. I plan on sticking with them for now, right up until the last BBM contact I have is myself.

8 Twitter DM. Twitter has began pushing out a feature update that lets you (if you check off the box) receive direct messages from any of your followers, regardless of whether you follow them or not. This private functionality is another step in Twitter becoming your new email inbox. Yes, more and more people, particularly tweens and teens, don't use traditional email.

9 Fifty Shades of Grey Vancouver. No I'm not talking about the weather. If you see more people reading Fifty Shades of Grey all of a sudden in Vancouver, maybe it's because the movie adaptation begins filming there early next month — Nov. 5 to be exact. If you spot any actors, Instagram them under the caption Before They Were Famous.

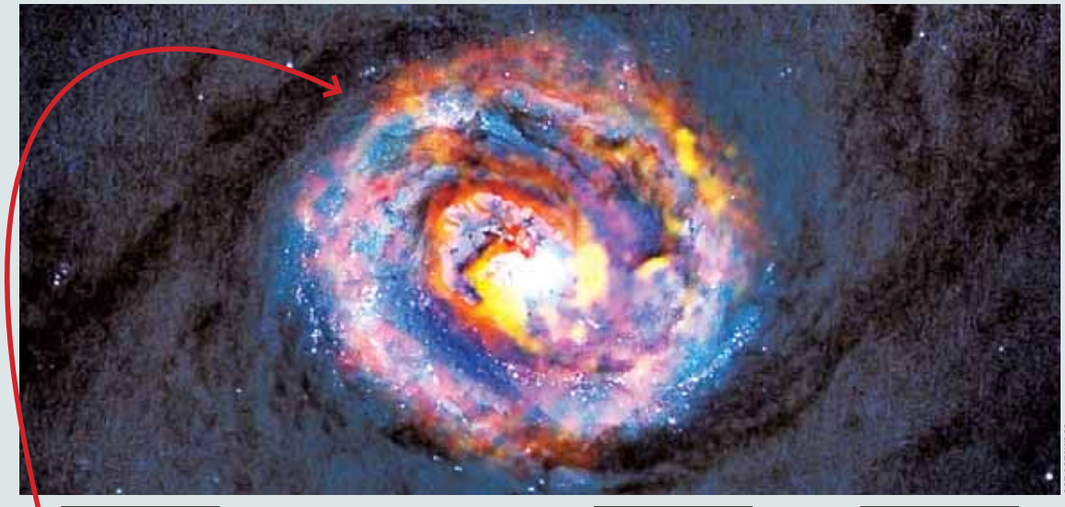
10 Drinkify. A neat website called drinkify.org tells you exactly what you should drink while listening to a specific artist. Should you be rocking out to, say, Kings of Leon at your next dinner party, type that band in on the site and Drinkify recommends "6 oz. Kirsch. Serve on rocks. Stir vigorously." If you're listening to John Tesh, well then ... sorry, I'm not typing that in for you.

11 Piers Morgan. The outspoken host of the CNN show Piers Morgan Live has a new book out where he takes us behind the scenes of the drama of anchoring a nightly news show. If he thinks that's stressful, imagine being me doing weekly segments on local radio.

Follow The Metro List on Twitter @TheMetroList

ZOOM

Black hole's hunger spirals

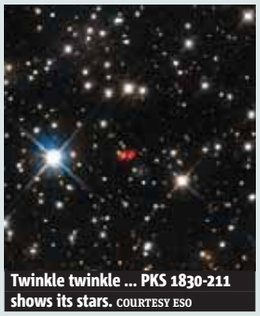


COURTESY ESO

What does it matter? It devours everything

Black holes are capable of mass consumption as this incredible image captured by a high-powered telescope proves.

The image was taken by the European Southern Observatory using the Atacama Large Millimeter/submillimeter Array — the world's largest ground-based telescope. METRO



Twinkle twinkle ... PKS 1830-211 shows its stars. COURTESY ESO

Swallowed up in the Milky Way?

The PKS 1830-211 (pictured left) is referred to as an "active" black hole in a very distant galaxy (NGC 1433). In fact, there are super-massive black holes at the hearts of almost all galaxies in the universe, including our own galaxy, the Milky Way. These objects are capable of swallowing vast quantities of matter. METRO

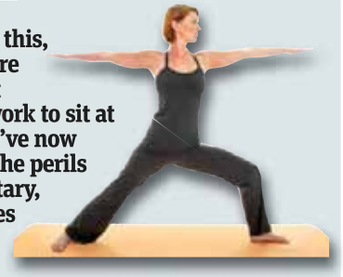
Leaving a gassy trail behind

"ALMA has revealed a surprising spiral structure in the molecular gas close to the centre of NGC 1433," says Françoise Combes (Observatoire de Paris). "This explains how the material fuels the black hole. The jet of material flowing away from the black hole, extending for 150 light-years, is the smallest outflow in an external galaxy." METRO

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

If you're reading this, chances are you're sitting on transit on your way to work to sit at a desk. While we've now been warned of the perils of staying sedentary, there's sometimes not much we can do about it — or wasn't much we could do about it. These apps let you keep your practice on your smartphone. Or desk. Or bus. Namaste.



Pocket Yoga:
Available for iPhone and Android, Pocket Yoga lets you create your own flow with customized music, photos and instructor's voice. ($2.99)

Yoga Studio:
Take your practice on the go. Yoga Studio offers videos and more than 250 poses, from beginner to advanced, for $2.99. iPhone only.

Twitter

@metropicks asked: A couple near Saskatoon invited artists to live with them rent-free. What type of profession would you invite? Journalists?

@Canucklehead_ca: Maid, reflexologist, chef (both pasty and sous,) nanny, masseuse, handyman, bartender, another nanny, & cat whisperer.

@WTarcisio: Journalists are ever welcome in my house. Could live peacefully without paying and still I would become news.

@H_Dhillon: I wouldn't mind having a professional chef at home.

@serpentina66: Musician

@jemilyclark: Hands down, gotta go with Molly Maid. #scrubthetub

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WE WANT TO HEAR FROM YOU: Send us your comments: vancouverletters@metronews.ca

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SCENE

Synopsis

The newest adaptation of Stephen King's 1974 novel stars Chloë Grace Moretz as high school outcast Carrie White, a lonely girl teased by classmates and abused by her deeply religious mother (Julianne Moore). Despite the best efforts of gym teacher Miss Desjardin (Judy Greer) to help Carrie fit in, a clique of mean girls led by Chris (Portia Doubleday) make it their mission to ensure that Carrie has a rough time at school. After being humiliated at her senior prom — pig's blood will really ruin a taffeta dress, apparently — she unleashes a terrible telekinetic vengeance on those who wronged her.

- Richard: ●●○○○
- Mark: ●●○○○

Chloë Grace Moretz does an admirable job as Carrie, but no one can hold a candle to Sissy Spacek's iconic portrayal of the telekenetic teen. CONTRIBUTED

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Wary of another Carrie

Weak remake. There's really no reason to toy with a classic — even if the cast includes Chloë Grace Moretz and Julianne Moore

Richard: Mark, people have been asking me about this movie for months. But they haven't been asking, "Is it good?" They've been asking me why anyone would remake the 1976 classic. After seeing it, I'm not sure. The new version is a perfectly serviceable adaptation of Stephen King's famous book but it doesn't have the vulnerability or frailty that made Sissy Spacek so memorable in the title role. First off, what did you think of Chloë Grace Moretz?

Mark: Richard, she's the strongest thing in the movie. Although no one can compare to Sissy Spacek, she did an admirable job. The question isn't whether this is a good film; it's whether this is a necessary film. When I heard Kimberly Pierce would be directing this remake, I hoped she would bring some kind of post-feminist twist to it. But no, she didn't direct the remake; she just coloured within the lines.

RC: Agreed, but there are some good moments within those lines. There is a sweetness to Carrie, particularly in the prom scenes (pre-pig's blood) that makes the anticipation of what is to come all the more tense. I liked Julianne Moore's head thumping self-punishment scenes. It works in those moments, but there's too much CGI — the floating books are silly — and since when can Carrie fly?

MB: She can now! It's just another example how everything in the movie is less subtle than in the Brian De Palma version. The themes of religious and sexual repression — so shocking in 1976 — seem overcooked now. But let's pretend we know nothing of the original. Does the movie work? Sure, to an extent. The performances are good, the last third is exciting and full of blood and revenge, but it still feels a bit superficial and detached. None of my fingernails were harmed in the viewing of this production.

RC: Mine either, although a mother and daughter knife battle made me shift to the front of my seat mostly because it felt more organic and less computer generated than some of the other displays of Carrie's mad telekinetic skills. It felt dangerous in a way that the rest of the violence didn't.

MB: And Julianne Moore does crazy very well, doesn't she? Still, the script gave her some passages so clunky that even real-life maniac mamas would have demanded another draft.

The man behind the Jason mask

Kane Hodder. After a burn accident early in life, actor and stuntman tries to help other burn victims

SCOTT KEARNAN
Metro World News in Boston

Kane Hodder says his accident didn't throw him off stunts. CONTRIBUTED

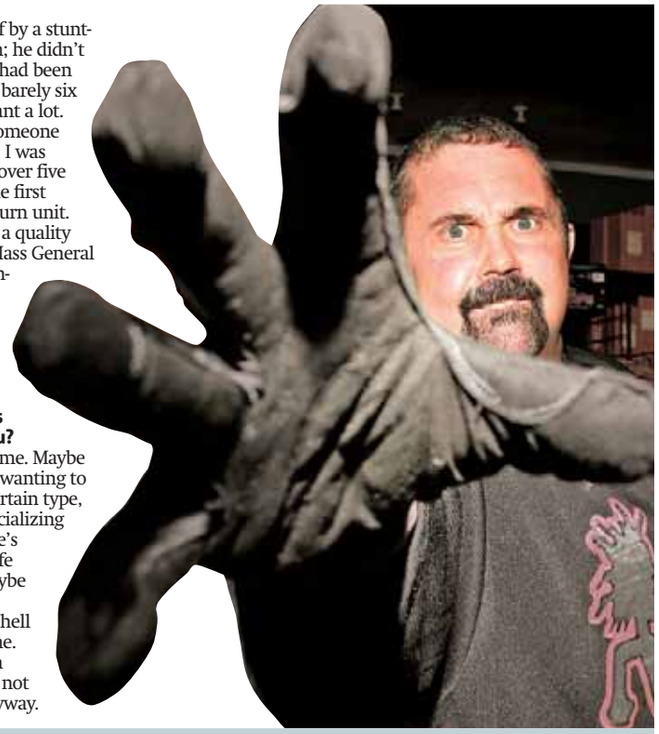
Attention, Friday the 13th film fans: Jason Voorhees has a heart. (And we don't mean the one impaled on his machete.) As the famous horror franchise's hockey-masked killer and uber-'80s icon, stuntman and actor Kane Hodder has claimed a lot of nubile, teenage victims. But off-camera, the scary movie star is more interested in helping survivors.

Early in his stunt career, Hodder received nearly fatal burns over 50 per cent of his body. So today he raises funds for burn survivors through the "I Helped Kane" program of Scares That Care (scaresthatcare.org), a nonprofit that mobilizes the horror flick community. And whenever the movie convention regular visits a major city, he visits hospital burn units to offer support and understanding to survivors, including the inevitably encountered super-fan of his frightening alter ego.

We grabbed a few minutes with the Crystal Lake killer to talk about the films, fire stunts and why his sons are chips off the Friday chopping block.

Why do you make a point of visiting hospitals when you're touring?
I was seriously burned 35 years ago. It's an injury where, unless you've been through it, you really have no idea what it's like. Sometimes you get so down and negative in the burn unit; talking to someone who has been there can really help. I was visited myself by a stuntman, Chuck Couch; he didn't know who I was. I had been in the business for barely six months. But it meant a lot. If I can ever help someone like that, I want to. I was in the hospital for over five months, and for the first four I wasn't in a burn unit. It's critical to be in a quality burn unit — and Mass General (Massachusetts General Hospital) has one of the best in the United States.

Did the experience put you off of stunts? Does anything scare you?
It never dissuaded me. Maybe it was my ego, not wanting to be defeated by a certain type, but I ended up specializing in fire stunts. There's really nothing in life that scares me! Maybe because I've been through the worst hell I could ever imagine. But I've never been afraid of anything, not typical phobias anyway.



Of muscles and men

Enemies no more. Now that Arnie is his good pal, Sly no longer walks the action star road Stallone

MELINDA TAUB
Metro World News in New York

How sad. Two of the biggest musclemen of the '80s apparently never got to bond at the time over how much iron they could pump, because they loathed each other.

Sylvester Stallone revealed at the premiere of his new movie Escape Plan that he and his costar Arnold Schwarzenegger "really disliked each other intensely for 20 years," according to Page Six.

What drove a wedge between two men who had so much in common (thick necks, incomprehensible accents)?

Sly implies it was professional rivalry — which may have been good for both of their careers. "It goes to show you, a good enemy is hard to find. Eventually you sort of appreciate [them]. Maybe the reason we were so competitive was it made us get to where we are?"

Maybe! In any case, the two are apparently buds now, in a way that sounds indistinguishable from hatred. Stallone says he "pranked" his costar by reporting him to NASA as a security threat so he'd get strip searched.

Aww! Friendship, or something.

MELINDA TAUB/METRO WORLD NEWS

Quoted

"It goes to show you, a good enemy is hard to find. Eventually you sort of appreciate (them). Maybe the reason we were so competitive was it made us get to where we are?"

Sylvester Stallone on his old rivalry with Arnold Schwarzenegger

These two action stars should've bonded over muscles and mayhem in the '80s, but they were fierce rivals instead. GETTY IMAGES

Action

Escape Plan

Director. Mikael Hafstrom

Stars. Sylvester Stallone, Arnold Schwarzenegger

Feeling like an unearthed relic from the VHS era, the endearingly junky Escape Plan's selling point is a long-awaited pairing of two movie icons: We finally get to see Amy Ryan and Curtis "50 Cent" Jackson sharing scenes together. Oh, and it's also got Sylvester and Arnold. Cheerfully preposterous and proudly low-rent, director Mikael Hafstrom's meat-and-potatoes throwback coasts on the chemistry of its co-stars. Escape Plan plays like comfort food for men of a certain age and temperament.

SEAN BURNS

Drama/Biography

The Fifth Estate

Director. Bill Condon

Stars. Benedict Cumberbatch

The Fifth Estate details the breathless years leading up to WikiLeaks's biggest leak — the release of the "Collateral Murder video" which showed Iraqi journalists killed by an AH-64 Apache helicopter. Wiki honcho Julian Assange (Benedict Cumberbatch) is one of the more controversial figures of recent history. Is he a journalist? A hacker with an anti-establishment ideology? Or a war criminal with blood on his hands? The movie presents all possibilities, but can't seem to decide on one point of view.

RICHARD CROUSE

Drama

Wadjda

Director. Haifaa Al-Mansour

Stars. Waad Mohammed, Reem Abdullah

Wadjda is a mischievous 10 year-old with her heart set on a green bicycle. She enrolls in a Koran recitation competition with an eye to using the prize money to fund her dream. Shot entirely in Saudi Arabia, Wadjda explores the hypocrisies at the heart of the country's attitudes towards women. Despite her age, Wadjda (Waad Mohammed) sees the emptiness in the hearts of the adults tasked with keeping her straight. They maintain that a pious life — one that doesn't include bikes — is the only path to happiness. **IAN GORMELY**

Comedy

Cottage Country

Director. Peter Wellington

Stars. Malin Akerman, Tyler Labine

Cammie is type-A, even in the most relaxed settings. So when she discovers a ring in her schlubby, yet malleable boyfriend Todd's things, their weekend in cottage country takes on new importance. Her dream of a perfect proposal is ruined when Todd's deadbeat brother shows up unannounced. Frustration quickly turns to violence as the couple is slowly buried in a web of lies. Intended to be a clever skewering of materialistic pursuits, director Peter Wellington can't get the tone right.

IAN GORMELY

Enemies no more. Now that Arnie is his pal, Sly no longer walks Stallone

These two action stars should've bonded over muscles and mayhem in the '80s, but they were fierce rivals instead. GETTY IMAGES

How sad. Two of the biggest musclemen of the '80s apparently never got to bond at the time over how much iron they could pump, because they loathed each other.

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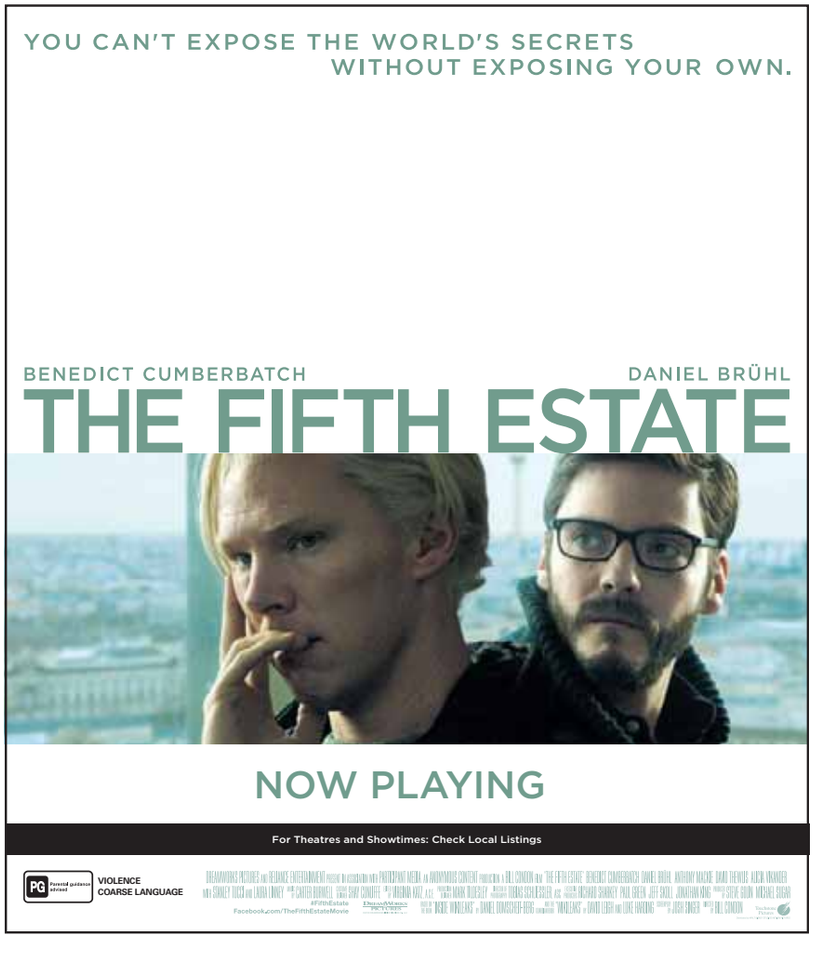
MELINDA TAUB/METRO WORLD NEWS



"★★★★" LOU LUMENICK NEW YORK POST
"★★★★" ANN HORNADAY WASHINGTON POST
"ONE OF THE BEST FILMS OF THE YEAR. WHAT YOU NEED TO DO IS SEE IT."
PETER TRAVERS, Rolling Stone
FROM THE DIRECTOR OF "THE BOURNE ULTIMATUM"
TOM HANKS
CAPTAIN PHILLIPS
BASED ON A TRUE STORY
NOW PLAYING
Check Theatre Directory or SonyPicturesReleasing.ca for Locations and Showtimes
IMAX® IN SELECT THEATRES
SONY
make.believe

THESE PAGES COVER MOVIE START TIMES FROM FRI., OCT. 18 TO THURS., OCT. 24 TIMES ARE SUBJECT TO CHANGE.

Dunbar Theatre
4555 Dunbar Street

Captain Phillips (PG) Fri 7-9:45 Sat-Sun 1-3:45-7-9:45 Mon-Thu 7-9:45

Fifth Avenue Cinemas
2110 Burrard Street

Enough Said (PG) Fri-Thu 1-4-6:50-9:10
The Fifth Estate (PG) Fri-Thu 12:30-3:30-6:30-9:20
Gravity 3D (PG) Fri-Thu 1:40-4:30-7:20-9:45
Lee Daniels' The Butler (PG) Fri-Tue 12:45-3:40-6:40-9:30 Wed 12:45-3:40-9:30 Thu 12:45-3:40-6:40-9:30
Watermark (G) Fri-Thu 1:20-4:15-7-9:15

Pacific Cinémathèque
1131 Howe Street

Abbott and Costello Meet Frankenstein (STC) Sun 1 Hail the New Puritan (STC) Thu 7 L'Avventura (STC) Fri 8:50 Sat 6:30 Sun 4 Wed 6:30
No Films Showing Today (STC) Tue
Nostalghia (STC) Fri 6:30 Sat 4-9:10 Sun 7 Wed 9:10
Reconnaissance: Exploring French Territory in Recent Artist Film and Video (STC) Mon 7:30

Park Theatre
3440 Cambie Street

Captain Phillips (PG) Fri 3:50-6:45-9:35 Sat 1-3:50-6:45-9:35 Sun 1-3:50-6:40-9:30 Mon-Thu 3:50-6:40-9:30

Rio on Broadway
1660 E. Broadway

Beetlejuice (PG) Fri 11
The East Van Opry (STC) Sat 8
No Films Showing Today (STC) Sun-Thu
Way of Life (STC) Fri 6:30-9

Scotiabank Theatre
Vancouver 900 Burrard St.

Captain Phillips (PG) Fri-Sat 12:30-1:20-3:40-4:25-6:50-7:40-10-10:45 Sun 12:30-1:20-3:40-4:25-6:50-7:40-10:20-10:45 Mon-Tue 1:20-3:35-4:20-6:45-7:20-9:50-10:25 Wed 1:20-3-4:20-7:20-7:30-10-10:25 Thu 1:20-3:15-4:20-6:30-7:20-10:25
Carrie (14A) Fri-Sun 12:40-2:30-3:05-5-5:35-7:30-8:10-10:10-10:40 Mon-Thu 1:45-2:30-4:15-5-7-7:30-9:40-10:10
Don Jon (18A) Fri 12:50-3:10-5:30-8-10:25 Sat-Sun 5:30-8-10:25 Mon-Thu 3-5:30-8-10:20
Gravity 3D (PG) Fri-Sun 12:15-2:35-4:50-7:20-9:50 Mon-Thu 2:15-4:45-7:10-9:30
Fri-Sun 1-3:20-5:40-8:05-10:30 Mon-Thu 1:15-3:30-5:45-8:05-10:30
Jackass Presents: Bad Grandpa (STC) Thu 9:30
National Theater Live: MacBeth - Encore (STC) Sat 12:30 Wed 6:45
Rush (14A) Fri-Sun 1:10-4-7-10:05 Mon-Tue 1:30-4:25-7:25-10:15 Wed 1:30-4:25-10:30 Thu 1:30-4:25-7:25-10:15
Spartacus - Bolshoi Ballet (STC) Sun 12:55

Vancity Theatre
Vancouver International Film Centre
1181 Seymour Street

Camille Claudel, 1915 (STC) Fri 6:30 Sat-Sun 8:30 Mon 6:30
A Hijacking (STC) Thu 9:30
Muscle Shoals (G) Fri 8:20 Sat-Sun 4-6:20 Mon 8:20 No Films Showing Today (STC) Tue-Wed
Stolen Seas (STC) Thu 6

Esplanade 6
200 West Esplanade

Carrie (14A) „ Fri 7-9:30 „ Sat-Sun 12:35-4-7-9:30 „ Mon-Thu 7-9:30
Cloudy With a Chance of Meatballs 2 (G) , Fri 6:40-9:10 , Sat-Sun 12:40-6:40-9:10 , Mon-Thu 6:40-9:10
Cloudy With a Chance of Meatballs 2 3D (G) , Sat-Sun 3:40
The Fifth Estate (PG) „ Fri 6:30-9:25 „ Sat-Sun 12:30-3:30-6:30-9:25 „ Mon-Thu 6:30-9:25
Gravity (PG) „ Fri 7:10 „ Sat-Sun 1:15-4:15-7:10 „ Mon-Tue 7:10 „ Thu 7:10
Gravity 3D (PG), Fri 6:45-9:15-9:35, Sat-Sun 12:45-3:45-6:45-9:15-9:35, Mon-Thu 6:45-9:15-9:35
Jackass Presents: Bad Grandpa (STC) „ Thu 9:30
The Right Kind of Wrong (14A) , Fri 6:50 , Sat-Sun 1-3:50-6:50 , Mon-Thu 6:50
Rush (14A) , Fri-Tue 9:20

Park & Tilford
333 Brooksbank Ave.

Captain Phillips (PG) Fri 7:05-10 Sat-Sun 1-4-7:05-10 Mon-Thu 7:05-10 Star & Strollers Screening Thu 1
The Counselor (14A) Thu 10
Don Jon (18A) Fri 7:35-9:50 Sat-Sun 2:45-5:05-7:35-9:50 Mon-Tue 7:30-9:50 Wed 9:50 Thu 7:30-9:50
Enough Said (PG) Fri 7-9:30 Sat-Sun 1:50-4:30-7-9:30 Mon-Thu 7-9:30
Escape Plan (14A) Fri 7:10-10:10 Sat-Sun 1:30-4:20-7:10-10:10 Mon-Thu 7:10-10:10
Funny Girl (STC) Mon 7
Machete Kills (14A) Fri 7:40-10:15 Sat-Sun 2:20-5-7:40-10:15 Mon-Thu 7:35-10
National Theater Live: MacBeth - Encore (STC) Sat 12:30 Runner Runner (14A) Fri 7:20-9:40 Sat 4:15-7:20-9:40 Sun 1:45-4:15-7:20-9:40 Mon 10:15 Tue-Wed 7:20-9:40 Thu 7:20 Star & Strollers Screening Thu 1

SilverCity Riverport
14211 Entertainment Way

The Addams Family (STC) Sat 11
Boss (STC) Fri-Sun 12:15-3:35-7-10:15 Mon-Thu 1:05-4:10-7:20-10:30
Captain Phillips (PG) Fri-Sun 1:25-4:30-7:35-10:40 Mon-Wed 1:25-4:25-7:25-10:25 Thu 3:55-6:55-9:55 Star & Strollers Screening Thu 1
Captain Phillips: The IMAX Experience (PG) Fri-Sun 12:45-3:50-6:55-10 Mon-Wed 1-3:55-6:55-9:55 Thu 1:25-4:25-7:25-10:25
Carrie (14A) Fri-Sun 12:40-3:10-5:40-8:10-10:40 Mon-Thu 2:30-5:10-7:45-10:15
Cloudy With a Chance of Meatballs 2 (G) Fri-Sun 12-2:25-4:45 Mon-Thu 2:25-4:45 Sat 11 Cloudy With a Chance of Meatballs 2 3D (G) Fri 12:25-2:55-5:20-7:45-10:10 Sat 11:30-2-5:20-7:45-10:10 Sun 12:25-2:55-5:20-7:45-10:10 Mon-Thu 2-4:30-7-9:30
The Counselor (14A) Thu 10
Don Jon (18A) Fri-Sun 1:05-3:25-5:45-8:05-10:25 Mon-Thu 1:10-3:20-5:35-7:50-10:05
Enough Said (PG) Fri 12:10-2:30-4:55-7:15-9:45 Sat 4:55-7:15-9:45 Sun 5:30-7:55-10:25 Mon-Wed 2:30-4:55-7:15-9:45 Thu 2:15-4:40-10:25
Escape Plan (14A) Fri-Sun 2-4:50-7:40-10:30 Mon-Thu 2-4:50-7:40-10:25
The Fifth Estate (PG) Fri-Sun 1:20-4:20-7:20-10:20 Mon-Wed 1:20-4:15-7:20-10:20 Thu 4:15-7:20-10:20 Star & Strollers Screening Thu 1
Funny Girl (STC) Mon 7
Gravity 3D (PG) Fri 12:30-2:50-5:10-7:30-9:50 Sat 11:30-12:30-2:50-5:10-7:30-9:50 Sun 12:30-2:50-5:10-7:30-9:50 Mon-Thu 1-3:15-5:30-7:45-10 Fri-Sun 1:10-3:30-5:50-8:10-10:30 Mon-Thu 1:30-3:45-6-8:15-10:30
Insidious: Chapter 2 (14A) Fri-Sun 7:25-10:05 Mon-Thu 7:25-10
Jackass Presents: Bad Grandpa (STC) Thu 9:30
Lee Daniels' The Butler (PG) Fri-Sun 10:35 Mon-Tue 9:55 Wed 10 Thu 9:55
Machete Kills (14A) Fri-Sun 12:05-2:45-5:25-8:05-10:45 Mon-Wed 2:05-4:50-7:30-10:10 Thu 1:35-4:20-7
National Theater Live: MacBeth - Encore (STC) Sat 12:30 Wed 6:45
Percy Jackson: Sea of Monsters (PG) Fri-Sun 12 Mon-Tue 1:40 Wed 1 Thu 1:40
Percy Jackson: Sea of Monsters 3D (PG) Fri-Sun 2:35-5:15-7:50 Mon-Tue 4:20-7:10 Wed 3:40 Thu 4:20-7:10
Prisoners (14A) Fri-Sun 12:20-3:45-7:15-10:35 Mon-Thu 2:40-6:15-9:40
RiffTrax Live: Night of the Living Dead (STC) Thu 7:30
The Right Kind of Wrong (14A) Fri-Sun 3-5:30-7:55-10:20 Mon-Thu 4:35-7:05-9:35 Romeo & Juliet (PG) Fri-Sun 12:10 Mon-Thu 1:35
Runner Runner (14A) Fri-Sun 12:55-3:15-5:35-8-10:25 Mon 1:05-3:20-10:20 Tue 1:05-3:20-5:40-8-10:20 Wed 1-3:30-9:45 Thu 1:05-3:20-5:40-8-10:20
Rush (14A) Fri-Sun 2:05-5-7:50-10:45 Mon-Thu 1:15-4:15-7:10-10:10
Spartacus - Bolshoi Ballet (STC) Sun 12:55
Young Detective Dee: Rise of the Sea Dragon (PG) Fri-Sun 1:30-4:25-7:20-10:15 Mon-Wed 1:30-4:25-7:15-10:15 Thu 1-3:45-6:30

Dolphin Cinemas
4555 E. Hastings St.

Cloudy With a Chance of Meatballs 2 (G) Fri 4:45-6:45 Sat-Sun 12:45-2:45-4:45-6:45 Mon-Thu 4:45-6:45
Gravity (PG) Fri 5-7-9 Sat-Sun 1-3-5-7-9 Mon-Thu 5-7-9 Insidious: Chapter 2 (14A) Fri-Thu 8:45

SilverCity Metropolis
4700 Kingsway Ave.

The Addams Family (STC) Sat 11
Captain Phillips (PG) Fri-Sat 1:10-4:15-7:20-10:20 Sun 12:40-3:45-6:50-9:50 Mon-Thu 12:55-3:55-7-10
Carrie (14A) Fri-Sat 12:40-3:05-5:30-7:55-10:25 Sun 12:05-2:35-5-7:30-10 Mon-Thu 12:35-3:05-5:25-7:50-10:10
Cloudy With a Chance of Meatballs 2 (G) Fri 12:35 Sat 12:25 Sun 12 Mon-Thu 2:15
Cloudy With a Chance of Meatballs 2 3D (G) Fri-Sat 2:50-5:15-7:40-10 Sun 2:25-4:50-7:15-9:35 Mon-Thu 4:40-7:05-9:30
The Counselor (14A) Thu 10
Don Jon (18A) Fri-Sat 1:05-3:15-5:35-7:50-10:15 Sun 12:35-2:45-5:05-7:20-9:45 Mon-Wed 12:45-3-5:15-7:30-9:45 Thu 12:45-3-5:10-7:20
Escape Plan (14A) Fri 2-4:50-7:40-10:35 Sat 11:15-2-4:50-7:40-10:35 Sun 1:30-4:20-7:10-10:05 Mon-Thu 1:30-4:20-7:10-9:55
Gravity 3D (PG) Fri 12:45-2:55-5:10-7:30-9:50 Sat 12:20-2:40-5:10-7:30-9:50 Sun 12:10-2:30-4:40-7-9:20 Mon-Thu 2:10-4:30-6:50-9:15 Fri 1:10-3:30-5:50-8:10-10:40 Sat 11-1:10-3:30-5:50-8:10-10:40 Sun 12:40-3-5:20-7:40-10:10 Mon-Thu 12:50-3:10-5:20-7:35-9:50
Jackass Presents: Bad Grandpa (STC) Thu 9:30 Machete Kills (14A) Fri 2:45-5:25-8:05-10:45 Sat 12:05-2:45-5:25-8:05-10:45 Sun 2:15-4:55-7:35-10:15 Mon-Wed 2:20-4:55-7:40-10:15 Thu 2:05-4:45-7:20
National Theater Live: MacBeth - Encore (STC) Sat 12:30
Prisoners (14A) Fri-Sat 12:30-3:40-6:55-10:05 Sun 12:20-3:30-6:45-9:55 Mon-Thu 12:30-3:40-6:55-10:05
RiffTrax Live: Night of the Living Dead (STC) Thu 7:30
Runner Runner (14A) Fri 1:10-3:25-5:40-8-10:10 Sat 3:25-5:40-8-10:10 Sun-Wed 12:40-2:55-5:10-7:25-9:40 Thu 12:30-2:45-5-10:15

SilverCity Coquitlam
170 Schoolhouse Street

The Addams Family (STC) Sat 11
Captain Phillips (PG) Fri 1:10-4:20-7:30-10:35 Sat 11:10-1:10-4:20-7:30-10:35 Sun 1:10-4:20-7:30-10:35 Mon 1:15-4:20-7:25-10:30 Tue 1:10-4:20-7:30-10:35 Wed 4:20-7:25-10:30 Thu 1:15-4:20-7:25-10:30
Fri-Sun 12:35-3:45-7-10:25 Mon 3:50-7-10:10 Tue 12:35-3:45-7-10:25 Wed 3:50-7-10:10 Thu 3:50-6:50-10:10 Star & Strollers Screening Wed 1
Carrie (14A) Fri-Sun 12:40-3:10-5:40-8:10-10:40 Mon 2:25-5:15-8-10:30 Tue 12:40-3:10-5:40-8:10-10:40 Wed-Thu 2:25-5:15-8-10:30 Fri-Sun 1:30-4:30-7:30-10:05 Mon 4:30-7:20-9:50 Tue 1:30-4:30-7:30-10:05 Wed 4:30-7:20-9:50 Thu 4:30-7:10-9:50
Cloudy With a Chance of Meatballs 2 (G) Fri 12:15-2:35 Sat 11-12:15-2:35 Sun 12:15-2:35 Mon 1:45 Tue 12:15-2:35 Wed-Thu 1:45
Cloudy With a Chance of Meatballs 2 3D (G) Fri-Sun 5-7:25-9:55 Mon 4:30-7:15-9:40 Tue 5-7:25-9:55 Wed-Thu 4:30-7:15-9:40
The Counselor (14A) Thu 10
Don Jon (18A) Fri-Sun 1:05-3:25-5:45-8:05-10:25 Mon 2:05-4:35-10:15 Tue 1:05-3:25-5:45-8:05-10:25 Wed 1:40-4-10:15 Thu 1:05-3:25-5:45-8:05-10:25
Enough Said (PG) Fri-Sat 2:15-4:40-7:10-9:35 Sun 4:45-7:10-9:35 Mon-Wed 2:15-4:40-7:10-9:35 Thu 1:45-4:10-6:35-9:50
Escape Plan (14A) Fri 2-4:50-7:40-10:30 Sat 11:15-2-4:50-7:40-10:30 Sun 2-4:55-7:40-10:30 Mon 2-4:45-7:30-10:15 Tue 2-4:50-7:40-10:30 Wed-Thu 2-4:45-7:30-10:15 The Face Reader (14A) Fri-Sun 1-4:25-7:35-10:45 Mon 2:10-5:20-8:30 Tue 1-4:25-7:35-10:45 Wed-Thu 2:10-5:20-8:30
The Family (14A) Fri-Sun 10:10 Mon 9:45 Tue 10:10 Wed-Thu 9:45
The Fifth Estate (PG) Fri-Tue 1:20-4:20-7:20-10:20 Wed 4:20-7:20-10:20 Thu 1:20-4:20-7:20-10:20 Fri-Sun 12:15-3:20-6:30-9:40 Mon 3:30-6:30-9:30 Tue 12:15-3:20-6:30-9:40 Wed-Thu 3:30-6:30-9:30
Star & Strollers Screening Wed 1
Funny Girl (STC) Mon 7
Gravity (PG) Sat 11
Gravity 3D (PG) Fri-Sun 2-5-8-10:45 Mon 5-8-10:30 Tue 2-5-8-10:45 Wed-Thu 5-8-10:30 Fri-Sun 12:45-3:05-5:25-7:50-10:15 Mon 1-3:15-5:30-7:50-10:10 Tue 12:45-3:05-5:25-7:50-10:15 Wed-Thu 1-3:15-5:30-7:50-10:10
Jackass Presents: Bad Grandpa (STC) Thu 9 Lee Daniels' The Butler (PG) Fri-Sun 12:50-3:50-6:50-9:50 Mon 1-3:55-6:50-9:50 Tue 12:50-3:50-6:50-9:50 Wed 1-3:55-6:50-9:50 Thu 1-3:55-6:50
Machete Kills (14A) Fri-Sun 4-9:50 Mon 4:15-9:50 Tue 4-9:50 Wed-Thu 4:15-9:50
National Theater Live: MacBeth - Encore (STC) Sat 12:30
Prisoners (14A) Fri-Sun 12:25-3:50-7:15-10:40 Mon 2:45-6:30-10 Tue 12:25-3:50-7:15-10:40 Wed-Thu 2:45-6:30-10
RiffTrax Live: Night of the Living Dead (STC) Thu 7:30
The Right Kind of Wrong (14A) Fri-Sun 12:35-2:55-5:20-7:45 Mon 2:30-5-7:25 Tue 12:35-2:55-5:20-7:45 Wed-Thu 2:30-5-7:25
Romeo & Juliet (PG) Fri-Sun 1:05-7 Mon 1:30-7 Tue 1:05-7 Wed-Thu 1:30-7
Runner Runner (14A) Fri-Sun 12:55-3:15-5:35-7:55-10:20 Mon 2:40-5:10-7:35-10:05 Tue 12:55-3:15-5:35-7:55-10:20 Wed 2:40-5:10-7:35-10:05 Thu 2:40-5:10-7:35
Rush (14A) Fri-Sun 1:15-4:10-7:05-10 Mon 1:15-4:10-7:05-9:55 Tue 1:15-4:10-7:05-10 Wed-Thu 1:15-4:10-7:05-9:55 Fri 2:30-5:30-8:30 Sat 5:30-8:30 Sun 2:30-5:30-8:30 Mon 5:30-8:30 Tue 2:30-5:30-8:30 Wed 5:30-8:30 Thu 4:10-10:25
Spartacus - Bolshoi Ballet (STC) Sun 12:55

Clova
5732-176th St. Surrey

Cloudy With a Chance of Meatballs 2 (G) Fri 7 Sat-Sun 1:30-7 Mon-Thu 7

Hollywood 3 Cinema
7125-138th Street, Surrey,

Blue Jasmine (PG) Fri-Thu 4:25-9
Despicable Me 2 (G) Sat-Sun 2
Despicable Me 2 3D (G) Fri-Thu 5:25
Insidious: Chapter 2 (14A) Fri-Thu 9
Lee Daniels' The Butler (PG) Fri-Thu 4:15
Planes (G) Sat-Sun 12-3:30
Planes 3D (G) Fri-Thu 7:30
Turbo (G) Sat 1
We're the Millers (14A) Fri-Thu 6:45
The Wolverine (14A) Fri 6:30 Sat-Sun 3-6:30 Mon-Thu 6:30

The Wolverine 3D (14A) Fri-Thu 9:35

Strawberry Hill Grande
12161-72nd Ave, Surrey

The Addams Family (STC) Sat 11
Besharam (PG) Fri-Sun 1:30-4:55-9:10 Mon-Thu 1:45-5:10-9:25
Boss (STC) Fri-Thu 1-4:10-7:25-10:35
Captain Phillips (PG) Fri-Sun 1:25-4:30-7:35-10:40 Mon-Thu 1:05-4:10-7:15-10:20
Carrie (14A) Fri-Sun 12:40-3:10-5:40-8:10-10:40 Mon-Thu 2:40-5:15-7:45-10:15
Cloudy With a Chance of Meatballs 2 (G) Fri 12:30 Sat 11-12:30 Sun 12:30 Mon-Thu 2:50 Cloudy With a Chance of Meatballs 2 3D (G) Fri-Sun 2:50-5:15-7:40-10:10 Mon-Thu 5:15-7:40-10:10
Escape Plan (14A) Fri-Thu 2-4:50-7:40-10:25 The Fifth Estate (PG) Fri-Sun 1:20-4:20-7:20-10:20 Mon-Tue 1:25-4:25-7:25-10:25 Wed 4:25-7:25-10:25 Thu 1:25-4:25-7:25-10:25 Star & Strollers Screening Wed 1
Gravity 3D (PG) Fri-Thu 1:10-3:30-5:50-8:10-10:30
Heer & Hero (STC) Fri-Sun 12:45-3:55-7-10:10 Mon-Thu 2:05-5:20-9:10
Jackass Presents: Bad Grandpa (STC) Thu 9:30 Machete Kills (14A) Fri-Sun 3:15-8:40 Mon-Thu 4:15-9:40
Prisoners (14A) Fri-Sun 12:40-4-7:15-10:30 Mon-Wed 2:25-5:45-9 Thu 2:25-5:45 R.S.V.P - Ronde Saare Viah Picho (STC) Fri-Thu 1:15-4:20-7:20-10:20
The Right Kind of Wrong (14A) Fri-Sun 12:35-6 Mon-Tue 1:35-7 Wed 7 Thu 1:35-7 Star & Strollers Screening Wed 1

Studio 12 Guildford
15051-101st Ave, Surrey

Besharam (PG), Fri-Sun 3:35-6:45-9:50, Mon 5-8:05, Tue 3:35-6:45-9:50, Wed-Thu 5-8:05
Boss (STC), Fri-Sun 3:35-6:50-9:55, Mon 5:10-8:10, Tue 3:35-6:50-9:55, Wed-Thu 5:10-8:10
Captain Phillips (PG), Fri 4:05-7:05-10, Sat-Sun 1-4:05-7:05-10, Mon 5:05-8, Tue 4:05-7:05-10, Wed-Thu 5:05-8
Carrie (14A), Fri 4:35-7:15-9:50, Sat-Sun 1:35-4:35-7:15-9:50, Mon 5:45-8:25, Tue 4:35-7:15-9:50, Wed-Thu 5:45-8:25
Cloudy With a Chance of Meatballs 2 (G), Fri 6:30, Sat-Sun 1:20-6:30, Mon 5:35, Tue 6:30, Wed-Thu 5:35
Cloudy With a Chance of Meatballs 2 3D (G), Fri-Sun 4-9:15, Mon 7:55, Tue 4-9:15, Wed-Thu 7:55
Cottage Country (18A), Fri-Sun 9:35, Mon 8:10, Tue 9:35, Wed-Thu 8:10
Escape Plan (14A), Fri 3:55-6:40-9:40, Sat-Sun 1:15-3:55-6:40-9:40, Mon 5:30-8:30, Tue 3:55-6:40-9:40, Wed-Thu 5:30-8:30
The Fifth Estate (PG), Fri 4:20-7:25-10:10, Sat-Sun 1:10-4:20-7:25-10:10, Mon 5:20-8:20, Tue 4:20-7:25-10:10, Wed-Thu 5:20-8:20
Gravity (PG), Sat-Sun 1:40
Gravity 3D (PG), Fri-Sun 4:30-6:50-9:25, Mon 5:55-8:30, Tue 4:30-6:50-9:25, Wed-Thu 5:55-8:30
Heer & Hero (STC), Fri-Sun 3:40-6:35-9:30, Mon 5:15-8:15, Tue 3:40-6:35-9:30, Wed-Thu 5:15-8:15
Machete Kills (14A), Fri-Sun 9:20, Mon 8:05, Tue 9:20, Wed-Thu 8:05
R.S.V.P - Ronde Saare Viah Picho (STC), Fri 4:05-6:55-9:45, Sat-Sun 1:05-4:05-6:55-9:45, Mon 5:25-8:20, Tue 4:05-6:55-9:45, Wed-Thu 5:25-8:20
The Right Kind of Wrong (14A), Fri 3:45-6:25, Sat-Sun 1:25-3:45-6:25, Mon 5:40, Tue 3:45-6:25, Wed-Thu 5:40
Runner Runner (14A), Fri 4:10-6:45, Sat-Sun 1:30-4:10-6:45, Mon 5:50, Tue 4:10-6:45, Wed-Thu 5:50

Rialto
1732-152nd Street, White Rock

Prisoners (14A) Fri 7:30 Sat-Sun 2-7:30 Mon-Thu 7:30
The Right Kind of Wrong (14A) Fri-Thu 9:10
Rush (14A) Fri 7 Sat-Sun 2:10-7 Mon-Thu 7

Criterion 4 White Rock
2381 King George Highway

Carrie (14A) Fri 7:10-9:25 Sat-Sun 2:10-7:10-9:25 Mon-Thu 7:10-9:25
Cloudy With a Chance of Meatballs 2 (G) Fri 7:20 Sat-Sun 2:20-7:20 Mon-Thu 7:20
Escape Plan (14A) Fri 7-9:20 Sat-Sun 2-7-9:20 Mon-Thu 7-9:20
Gravity (PG) Fri 7:30-9:30 Sat-Sun 2:30-7:30-9:30 Mon-Thu 7:30-9:30
Runner Runner (14A) Fri-Thu 9:15

Colossus Langley
20090-91A Ave, Langley

The Addams Family (STC) Sat 11
Captain Phillips (PG) Fri-Sun 12:40-1:25-3:45-4:30-6:50-7:35-10-10:40 Mon-Tue 3:30-4-6:45-7:15-9:45-10:15 Wed 4-6:45-7:15-9:45-10:15 Thu 3:30-4-6:45-7:15-9:45-10:15 Star & Strollers Screening Wed 3
Carrie (14A) Fri-Sun 12:10-2:40-5:10-7:40-10:10 Mon-Thu 4-6:55-9:35 Fri-Sun 12:40-3:10-5:40-8:10-10:40 Mon-Thu 4:30-7:25-10:05
Cloudy With a Chance of Meatballs 2 (G) Fri 12-2:20-4:45 Sat 11:05-12-2:20-4:45 Sun 12-2:20-4:45 Mon-Thu 3:35
Cloudy With a Chance of Meatballs 2 3D (G) Fri-Sun 12:30-2:50-5:15-7:50-10:15 Mon-Thu 4:15-7:10-9:40
The Counselor (14A) Thu 10
Don Jon (18A) Fri-Sun 1-3:25-5:45-8:05-10:25 Mon-Tue 4:05-7:05-9:55 Wed 4:05-9:55 Thu 4:05-7:05-9:55
Enough Said (PG) Fri-Sun 10:35 Mon-Wed 9:35 Thu 10:20
Escape Plan (14A) Fri-Sun 2-4:50-7:40-10:30 Mon-Thu 4:15-7:20-10:10
The Family (14A) Fri-Sun 10:15 Mon-Thu 9:40
The Fifth Estate (PG) Fri-Sun 1:20-4:20-7:20-10:20 Mon-Tue 3:55-7:10-10:05 Wed 7:10-10:05 Thu 3:55-7:10-10:05 Star & Strollers Screening Wed 3
Funny Girl (STC) Mon 7
Gravity 3D (PG) Fri-Sun 1:10-3:30-5:50-8:10-10:30 Mon-Thu 4:30-7-9:30
Gravity: An IMAX 3D Experience (PG) Fri-Sun 12:30-2:50-5:10-7:30-9:50 Mon-Thu 5-7:30-10
Insidious: Chapter 2 (14A) Fri-Sun 7:45-10:35 Mon-Thu 7:25-10
Jackass Presents: Bad Grandpa (STC) Thu 9:30
Lee Daniels' The Butler (PG) Fri-Sun 7:05-10:05 Mon-Thu 6:45-9:50
Machete Kills (14A) Fri-Sun 12:10-2:45-5:25-8:05-10:45 Mon-Thu 4:25-7:35-10:15
National Theater Live: MacBeth - Encore (STC) Sat 12:30 Wed 6:45
Percy Jackson: Sea of Monsters (PG) Fri-Sun 12
Percy Jackson: Sea of Monsters 3D (PG) Fri-Sun 2:30-5:15-7:55 Mon-Wed 3:45-6:55 Thu 3:45-6:30
Prisoners (14A) Fri-Sun 12:05-3:35-6:50-10:10 Mon-Wed 3:30-6:50-10:10 Thu 3:30-6:50
RiffTrax Live: Night of the Living Dead (STC) Thu 7:30
The Right Kind of Wrong (14A) Fri 12:35-3-5:25-7:50 Sat 11:15-12:35-3-5:25-7:50 Sun 12:35-3-5:25-7:50 Mon-Thu 4:20-7:05
Romeo & Juliet (PG) Fri 1:30-4:20 Sat 11-1:30-4:20 Sun 1:30-4:20 Mon-Thu 3:40
Runner Runner (14A) Fri-Sun 1:20-3:40-6-8:20-10:40 Mon-Wed 4:35-7:20-9:45 Thu 4:35-7:20
Rush (14A) Fri-Sun 1:50-4:55-7:45-10:45 Mon-Thu 3:50-7:15-10:15
Spartacus - Bolshoi Ballet (STC) Sun 12:55
We're the Millers (14A) Fri 2-4:45-7:25-10:25 Sat-Sun 4:45-7:25-10:25 Mon 4:05-10:15 Tue 4:05-7-9:55 Wed 3:45-9:55 Thu 4:05-10:15

Twilight Drive-In
260th Street & Fraser Highway, Langley

2 Guns (14A) Fri-Sat 11:30
Cloudy With a Chance of Meatballs 2 (G) Fri-Sun 7:30
No Films Showing Today (STC) Mon-Thu
Rush (14A) Fri-Sun 9:15

3 songs for the weekend

SOUND CHECK
Alan Cross
scene@metronews.ca

File this week's tracks under Numanoid, True Blood moonlighting and sinister times

I Am Dust/ Gary Numan

While he'll forever be remembered for songs like Cars, this track from his new Splinter album will explain why guys like Trent Reznor still love him.

Free Your Mind/Cut Copy

Australia's Cut Copy got True Blood star Alexander Skarsgård to appear as a creepy half-naked baptizer in this Primal Scream-like single.

The Call of the First Aethyr/ Aleister Crowley

Back in the early 1900s, the infamous spiritualist recorded a series of incantations as wax recordings. They're now being reissued on vinyl just in time for Halloween. Be careful.

Mind the App

Tap into Type: Rider

MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

iPhone/iPad
$2.99

From religious text to movie posters to computer screens, this charming puzzle story turns the history of typography into an adventure of pitfalls, water wheels and spike traps.

The Tenors. Win a chance to see the group perform

Want to see The Tenors live? Metro is giving you the chance to see the Canadian group perform in Vancouver. The contest comes as the musical foursome has teamed with Big Brothers Big Sisters of Canada to record the single I Thank You, with 50 cents of each digital song download going to support the organization.

Big Brothers Big Sisters highlights the importance of mentors in a child's life by providing volunteer opportunities to adults to be a friend and positive role model to Canada's youth.

Visit metronews.ca/scene to see a video of The Tenors performing I Thank You, and for a link to buy the single. For a chance to see them perform in Vancouver, go to clubmetro.com. METRO

The Tenors have teamed up with Big Brothers Big Sisters. GETTY IMAGES

Cyndi Lauper is celebrating the 30th anniversary of her breakthrough solo debut. CONTRIBUTED

Cyndi Lauper still her Unusual self after 30 years

Still having fun. The Girls Just Wanna Have Fun singer talks about recording her first album and how her breakout hit almost wasn't even hers

PAT HEALY
Metro World News

To celebrate the 30th anniversary of her breakthrough solo debut, Cyndi Lauper is not only performing She's so Unusual in its entirety, but she's also sharing stories that may make listeners exclaim that title phrase.

"When I recorded She Bop I wanted the producers to run a wire from the control booth to the rehearsal room where Kiss had their stuff," she remembers. "I felt comfortable enough to sing freely because I was uninhibited and nobody was watching. … So I wound up actually taking my shirt off to feel free, which is hard to explain to a man, because you grow up and you take your shirt off whenever you want and women can't so that freedom you never feel as an adult."

The story even gets a little more unusual.

"Actually, I tickled myself to make myself laugh," Lauper reveals with an echo of the laugh that's captured in the song.

"I mean it was so ridiculous I just started laughing. So that is the laugh on the song and then of course as soon as that album became popular and She Bop became popular then all of a sudden there's a lot of people laughing on their albums and I always used to think to myself, 'Well I know what I was doing, but what were they doing?'"

But what is probably most unusual about Lauper doing an Unusual tour at this point in her career is that she has achieved so much recently by looking forward.

She wrote the lyrics and music for the Broadway smash Kinky Boots, which won six Tony awards this year.

"With the success of the show on Broadway and the Tonys I feel like people actually do want to hear my new music, and I have a venue for it, so it doesn't feel like an oldies show that I have to do," she says.

"This is the first time I've done anything like this and it will probably be the last. It's an interesting journey for me to look back."

Girls Just Wanna Have Fun was originally written and sung by a man, Robert Hazard, and the message of the song was quite misogynistic.

"I said, 'The way Robert recorded this, it's not gonna work,'" Lauper recalls telling her producer. "And he looked at me and said, 'Well, think of what it could mean. It could be an anthem.'"

Cyndi Lauper, 30 years ago. THE ASSOCIATED PRESS

Strip down and sing

"I felt comfortable enough to sing freely because I was uninhibited. … So I wound up actually taking my shirt off to feel free."

Cyndi Lauper
Talking about recording She Bop

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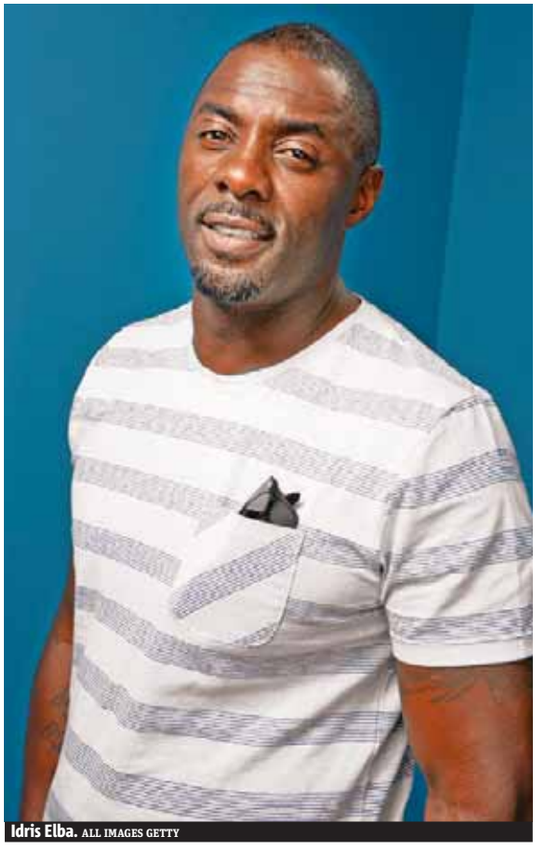

Idris Elba. ALL IMAGES GETTY

Between me, you and the world, I've tried every drug there is, says candid Elba

Idris Elba isn't shy about his personal history with drugs, telling Playboy it's quite extensive. "I'm not going to lie — I've tried everything, just between you, me and the people who read this magazine," he says. "I've tried it all. I played one of the biggest drug dealers in the world on TV (on The Wire), so you think I'd know what I was talking about."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Nice try Elle, next time let Melissa show some skin!

THE WORD
Dorothy Robinson
scene@metronews.ca

Oh! Hey! Elle put an overweight woman on their cover — the fantastically amazing Melissa McCarthy. Kudos to them! But sadly, they also covered her up so much on their annual Women in Hollywood issue that it looks like she's wearing a sleeping bag. Think about it — they would have never let Sandra Bullock not show any skin. So, the public outcry has begun! But not without Elle defending their choice to style McCarthy in a Marina Rinaldi coat. "On all of our shoots, our stylists work with the stars to choose pieces they feel good in, and this is no different: Melissa loved this look, and is gorgeous on our cover," a spokesperson for Elle said in a statement. "We are thrilled to honour her as one of our Women in Hollywood this year."

Taylor Swift

The truth is Styles was Swift's silver medal

Taylor Swift famously dated and split from One Direction star Harry Styles, inspiring the tune I Knew You Were Trouble, but according to a new report Styles was actually her back-up target within the popular boy band. "Taylor had her eye on Zayn Malik," a source tells Life & Style magazine. "When Zayn found out she was interested, he turned her down. That's when she swooped in on Harry."

Twitter

@mcgregor_ewan
'Black Fish' and 'The Cove' should be watched before deciding to take your kids to any sea life parks.

@JuddApatow
Don't tell anyone but I don't like helping my kids with their homework. I worked so hard to get out of school. I don't want to do it again!

"Bring out your inner wild side with this laced serpent bootie"
FALL STYLE TIP #9
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Vanessa Johns
Style Consultant
INGLEDEW'S
— the art of finding the perfect fit —

Stuff 'em, Tex Mex style

Tex Mex Stuffed Potato Skins
This recipe serves four. ROSE REISMAN

ROSE REISMAN
For more, visit rosereisman.com or follow her on twitter @rosereisman

Baked potatoes are a nutritious way to eat the vegetable. Removing the pulp and filling them with a Tex Mex bean and vegetable stuffing as well as some melted cheese creates a great vegetarian meal. You can also add some cooked ground beef or diced cooked chicken if you'd like.

Part of this dish can be prepared ahead by baking the potatoes up to a day in advance. All you have to do is complete the recipe just before serving.

1. Preheat the oven to 450 F.

2. Wrap the potatoes in foil and bake directly on the oven rack for 45 to 50 minutes. Alternatively, prick each potato with a fork several times and microwave on High for 10 minutes or until soft.

3. When the potatoes are cool enough to handle, carefully scoop out the flesh, leaving about 1/4 inch of potato and the skin intact. Save the potato flesh for another purpose.

4. Lightly coat a small skillet with cooking spray, add the oil and set over medium heat. Add the onion and sauté for 5 minutes. Add the red pepper, jalapeno and garlic, and sauté for 3 minutes or just until soft. Transfer to a large mixing bowl.

5. Add the black beans, salsa, green onions and cilantro, and stir to combine. Fill the potato skins with the bean filling and sprinkle with the cheese. Bake for 10 minutes or just until heated through and the cheese is melted. Serve with sour cream.

Nutritional analysis

Per serving:

- Calories: 317
- Protein: 11 g
- Fibre: 8.9 g
- Total fat: 11 g
- Cholesterol: 24 mg
- Sodium: 375 mg

Ingredients

Prep time: 10 minutes
Bake time: 60 minutes

- 4 russet potatoes
- 2 tsp vegetable oil
- 1 cup diced onion
- 1/2 cup diced red bell pepper
- 2 tsp finely chopped jalapeno pepper
- 1 tsp finely chopped garlic
- 1 cup canned black beans, drained and rinsed
- 3/4 cup medium salsa
- 1/3 cup chopped green onions
- 1/4 cup chopped cilantro
- 3/4 cup shredded aged cheddar cheese
- 1/4 cup low-fat sour cream

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Tappo Restobar: 780 Richards St.

If this address sounds familiar, it's because it used to house Q4's downtown location and has recently undergone renovations to reveal a quaint and cozy-chic wine bar. Score a spot at the bar and get fuelled up before the game, grab tasty bites for a pick-me-up lunch or savour a wood stone oven-baked pizza or plate of pasta and bottle of wine for dinner. Bonus: free valet parking is just the ticket if you're heading to the game. For more info visit: tapporestobar.com.

The Eastside Flea Market: Oct.19, 1882 Adana St.

This fresh, new take on celebrating community and finding hidden treasures in all things old features an array of local vendor offerings worth checking out. Antiques, collectibles, cameras, jewelry and craftsman items are just the tip of the market iceberg. Score a unique look for your Halloween costume by perusing the numerous vintage vendors on site on Saturday at 1882 Adana St. For more info, visit: facebook.com/eastsideflea.

Skills and Spills: 4500 Arbutus St.

As part of this month's Tip Out To Help Campaign spearheaded by the BC Hospitality Foundation, Skills and Spills is the first-ever industry games set to pit teams of competitors against one another via various problem-solving and physical tests. The event takes place at noon on Sunday and will include a Tug of War, Hospitality Grind and plenty more to get your heart racing. Interested in partaking? Be sure to visit: skillsspills.ca.

Toast to the Coast

Don your best cocktail attire and be sure to head out to Friday night's foodie event of the year that happens to take place at the Vancouver Aquarium. Sample your way around the magical setting afforded by the Aquarium at night as you mix and mingle with 500 other food and wine lovers. All proceeds from this $95-per-ticket-event benefit the ongoing research and care provided by the Vancouver Aquarium. For details and to purchase tickets visit: vanaqua.org/tttc.

Bulletins from Immortality

Squeeze a little theatre into the mix and check out Bulletins from Immortality at The Cultch from Wednesday to Saturday, Oct. 26. It's a provocative stage presentation centred on a literary master: Emily Dickinson. The story is told by Canadian dance icon Margie Gillis and marks both The Clutch and Gillis' 40th anniversary. For more info visit: thecultch.com.

Taste of Yaletown

Now in its ninth year and bigger and better than ever, TOY features some of Vancouver's top restaurants as part of this annual community-based event. Enjoy an array of culinary offerings, events, cocktails and wines within the Yaletown neighbourhood. Learn more and reserve your spot here at yaletowninfo.com. The event takes place until Oct. 27.

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GRAPHIC DESIGNER

We're looking for a talented Graphic Designer whose portfolio and experience reflects that of a strong print design background. In this position, the right candidate will join Metro's dynamic and award winning Creative Services team. The ideal candidate will have a successful track record of delivering a variety of quality creative and deadline driven projects in an extremely fast paced environment. In addition a solid comprehension of print design and production, specifically for print advertising and online design skills using web-based media are a definite asset.

PRIMARY RESPONSIBILITIES:

- Development of creative executions for in-paper retail advertising, and print production knowledge
- Build strong collaborative relationships with internal and external clientele
- Quality assurance of design and layout prior to sending to clients, high degree of accuracy

REQUIREMENTS OF THE POSITION:

- Skilled in print, online and mobile graphic design, comprehensive and complete software knowledge including, QuarkXPress, InDesign, Adobe Acrobat/Distiller, Photoshop, and Illustrator
- Proficient on both Mac and PC platforms
- Ability to prep files for print production, including file stuffing (.sitx, .sit, .sea, .zip) and FTP experience
- Professional, personable, approachable with great communication skills (both verbal and written)
- Ability to thrive under pressure in a fast paced, multi-faceted and deadline driven environment with strong attention to detail (typography, copy, grammar, layout, images, colour, etc)
- Must be a quick problem-solver, who initiates projects and takes a pro-active approach.
- Must be highly skilled at multi-tasking, prioritizing workload efficiently, and tracking ad material.
- Post secondary degree or diploma in Graphic Design (Print)
- 3+ years design experience within a media environment

Interested individuals who possess the skills described above are requested to submit their resume and cover letter via email to hr@metronews.ca no later than October 18, 2013. PLEASE QUOTE: "Graphic Designer - Vancouver" in the subject line. All submissions will be treated as confidential.

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- Heated Front Seats
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Offer(s) available on select new 2013/2014 models through participating dealers to qualified customers who take delivery by October 31, 2013. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. All offers are subject to change without notice. Vehicles shown may include optional accessories and upgrades available at extra cost. All pricing includes delivery and destination fees up to $1,665, other fees and certain levies (including tire levies) and $100 A/C charge (where applicable) and excludes licensing, registration, insurance, other taxes and variable dealer administration fees (up to $699). Other dealer charges may be required at the time of purchase. Other lease and financing options also available. **0% purchase financing is available on select new 2013/2014 Kia models O.A.C. Terms vary by model and trim, see dealer for complete details. ***"Don't Pay Until 2014" offer (90-day payment deferral) applies to purchase financing on select new 2014 models. No interest will accrue during the first 60 days of the finance contract. After 90 days, interest accrues and the purchaser will repay both the principal and interest monthly over the contract's term. *Bi-weekly finance payment O.A.C. for new 2014 Rondo LX MT (RN65IE) based on a selling price of $23,460 is $125 with an APR of 0% for 84 months, with a remaining balance of $0. Offer includes loan savings of $750. Bi-weekly finance payment O.A.C. for new 2014 Sorento 2.4L LX AT FWD (SR75BE)/2013 Rio5 LX MT (RO55ID) based on a selling price of $28,460/$15,650 is $156/$81 with an APR of 0% for 60 months, amortized over an 84-month period. Offer includes loan savings of $0/$900. Estimated remaining principal balance of $8,131/$4,214 plus applicable taxes due at end of 60-month period. Retailer may sell for less. See dealer for full details. [1]$2,500/$2,500/$2,000 cash savings on the cash purchase of an eligible new 2014 Sorento 2.4L LX AT FWD (SR75BE)/2014 Rondo LX MT (RN65IE)/2013 Rio5 LX MT (RO55ID) from a participating dealer between October 1-31, 2013, is deducted from the selling price before taxes and cannot be combined with special lease and finance offers. Some conditions apply. [A]Model shown Manufacturer Suggested Retail Price for 2014 Sorento 3.3L EX AT AWD (SR75HE)/2014 Rondo EX Luxury (RN756E)/2013 Rio5 SX with Navigation AT (RO759D) is $34,195/$32,195/$23,750. ^ Highway/city fuel consumption is based on the 2014 Sorento LX 2.4L GDI 4-cyl (A/T)/2014 Rondo 2.0L GDI 4-cyl (M/T)/2013 Rio5 1.6L GDI 4-cyl (M/T). These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. The Kia Winter-Ready Package is available on a limited number of 2014 Forte SE (FO74SE)/2014 Rondo SE 5-seater (RN75SE)/2014 Rondo SE 7-seater (RN75TE)/2014 Sorento SE FWD (SR75SE)/2014 Sorento SE AWD (SR75TE) at extra cost. Dealer order may be required. Other Winter Accessory packages can also be installed at your dealership on select in-stock 2013 and 2014 Kia models at extra cost. These may vary by dealer due to availability; while supplies last. Winter Accessory Packages may include: winter tires, block heater, remote starter and/or winter floor mats. Content may vary by dealer. Offer ends October 31st, 2013. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.

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MLS

Motivation plentiful for Jay DeMerit in Whitecaps playoff battle

Oh yeah, it's a big game, all right.

Not that Vancouver Whitecaps captain and veteran centre back Jay DeMerit needed much of a reminder.

The Whitecaps travel to Colorado to play the Rapids on Saturday, in a game that will go a long way in deciding the playoff fate of both Major League Soccer clubs.

It's the first in a two-game home-and-home set between the two clubs to close out the season.

The Whitecaps sit seventh in the Western Conference, three points back of the Rapids for the final playoff spot.

"We talked about it a lot leading up to this point that hopefully at this point in the season, we'd still have a chance to make the playoffs and we do have a chance to make the playoffs," said DeMerit.

There is perhaps additional motivation for DeMerit. Not only has he returned from a ruptured Achilles tendon suffered at the start of March, but his contract expires at the end of this season.

Talks about a possible contract extension began prior to the start of this season, but were put on hold when he suffered the injury. CAM TUCKER/METRO

Luongo shuts the door against the Sabres

NHL. Vancouver Canucks pick up 3-0 road win against struggling Buffalo

Sabres centre Tyler Ennis deflects a shot at Vancouver Canucks goaltender Roberto Luongo during the third period in Buffalo, N.Y., Thursday. GARY WIEPERT/THE ASSOCIATED PRESS

Vancouver Canucks goaltender Roberto Luongo had little trouble picking up his first shutout of the season against a Buffalo Sabres team that's having trouble scoring goals.

Luongo made 25 saves and the Vancouver Canucks shut out the Buffalo Sabres 3-0 on Thursday night.

"He made some big saves on a power play to keep it out," Canucks coach John Tortorella said. "I don't think he was terribly busy, but that's a hard game for him and he made some big saves at key times for us."

Brad Richardson, Chris Higgins and Ryan Stanton scored for the Canucks (5-3-0), who are off to their best start since opening 2005 at 6-1-1.

Luongo was tested with 11 shots in the third period before finishing his first shutout since Feb. 22 at Nashville. It was his 63rd career shutout. Luongo entered the game with a .899 save percentage and three games with three or more goals allowed

"I've been feeling good the whole year," Luongo said. "The stats don't show it really, but the important thing is not to get frustrated."

The Sabres (1-7-1) remain winless at home this season and were again booed off the ice after the second period in what's become a familiar refrain.

Even louder were the "Fire Darcy" chants in reference to Sabres general manager Darcy Regier that came after Vancouver's third goal.

Regier declined comment after the game.

Coach Ron Rolston and his players were disappointed with the loss.

"If we don't play the right way, they're creating their own frustration," Rolston said. "So they've got to figure that out."

The closest the Sabres came to scoring came 53 seconds into the third period when Thomas Vanek beat Luongo over his right shoulder. It was ruled a goal, but overturned when replays showed the puck hitting the crossbar and left post before rolling along the goal line.

THE ASSOCIATED PRESS

4 SPORTS

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Judy Jobse, Service Manager

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Lions QB preps for 'dogfight' with Riders

CFL. B.C. heading to Saskatchewan for West Division clash with home-field advantage in the playoffs on the line

CAM TUCKER
cam.tucker@metronews.ca

Thomas DeMarco is heading back to Mosaic Stadium in Regina, the site of his first Canadian Football League start.

It also happens to be where he recorded his first victory as a starting quarterback in the league, after engineering a gutsy drive in the final minute of the fourth quarter that led to a Paul McCallum game-winning field goal for the B.C. Lions back on Sept. 22.

DeMarco and the Lions will travel to Regina for a Saturday afternoon West Division clash with home-field advantage in the playoffs on the line.

B.C. Lions QB Thomas DeMarco
THE CANADIAN PRESS

So, given his recent history at Mosaic, and the boisterous Roughrider fans, does that make DeMarco any more comfortable in this setting four weeks later? His answer, the start of which was made in jest, threw more than one reporter for a quick loop.

"Oh yeah, it's easy now, right? Once you do it once, it's so much easier — absolutely not," said DeMarco.

"It's hard to play against any good team on either side, home or away. They have great fan support; you know they're excited. The last three weeks of the season is huge for all of us. It's going to be a dogfight. We know that.

"The biggest thing is that we've been there before, we've had success and we've got a win, so you just try and build off that and try and stay positive."

The Lions trail the Roughriders by two points in the West Division standings.

The second-place team at the end of the season will host the West Division semi-final.

NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pt
d-Pittsburgh	7	6	1	0	0	27	16	12
d-Detroit	8	6	2	0	0	22	18	12
Toronto	8	6	2	0	0	29	19	12
Montreal	7	5	2	0	0	25	13	10
Tampa Bay	7	5	2	0	0	26	16	10
Carolina	8	3	2	1	2	18	23	9
Boston	6	4	2	0	0	15	10	8
Ottawa	7	3	2	1	1	20	21	8
NY Islanders	7	3	2	0	2	22	19	8
NY Rangers	6	2	4	0	0	11	25	4
Columbus	6	2	4	0	0	15	17	4
Washington	7	2	5	0	0	17	24	4
Florida	8	2	6	0	0	18	31	4
New Jersey	7	0	4	1	2	13	26	3
Buffalo	9	1	7	1	0	11	24	3
Philadelphia	8	1	7	0	0	11	24	2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pt
d-San Jose	7	6	0	0	1	33	13	13
d-Colorado	7	6	1	0	0	23	10	12
Anaheim	6	5	1	0	0	21	14	10
St. Louis	6	5	1	0	0	24	15	10
Chicago	7	4	1	0	2	20	18	10
Vancouver	8	5	3	0	0	23	22	10
Los Angeles	8	5	3	0	0	19	20	10
Phoenix	7	4	2	1	0	20	21	9
Calgary	6	3	1	1	1	20	20	8
Minnesota	8	3	3	1	1	18	20	8
Nashville	7	3	3	0	1	14	20	7
Dallas	6	3	3	0	0	15	17	6
Winnipeg	7	3	4	0	0	17	19	6
Edmonton	8	1	6	1	0	23	35	3

d — division leader; x — clinched playoff berth. **Note** — division leaders ranked in top

Thursday's results
Vancouver 3 Buffalo 0
NY Islanders 3 Edmonton 2
Carolina 3 Toronto 2
Pittsburgh 4 Philadelphia 1
Tampa Bay 3 Minnesota 1
Montreal 5 Columbus 3
Ottawa 5 New Jersey 2
Boston 3 Florida 2
Los Angeles 2 Nashville 1 (SO)
St. Louis 3 Chicago 2 (SO)
Dallas 4 San Jose 3 (SO)
Detroit 4 Colorado 2
Wednesday's results
NY Rangers 2 Washington 0
Anaheim 3 Calgary 2
Friday's games
All Times Eastern
St. Louis at Winnipeg, 8 p.m.
Phoenix at Anaheim, 10 p.m.
Saturday's games
Vancouver at Pittsburgh, 1 p.m.
Edmonton at Ottawa, 2 p.m.
Colorado at Buffalo, 7 p.m.
Minnesota at Florida, 7 p.m.
Nashville at Montreal, 7 p.m.
Toronto at Chicago, 7 p.m.
Boston at Tampa Bay, 7 p.m.
NY Rangers at New Jersey, 7 p.m.
Columbus at Washington, 7 p.m.
Carolina at NY Islanders, 7 p.m.
Detroit at Phoenix, 9 p.m.
Calgary at San Jose, 10 p.m.
Dallas at Los Angeles, 10:30 p.m.
Sunday's games
Vancouver at Columbus, 6 p.m.
Dallas at Anaheim, 8 p.m.
Nashville at Winnipeg, 8 p.m.

MLB PLAYOFFS

LEAGUE CHAMPIONSHIPS

(Best-of-7 series)

AMERICAN LEAGUE

BOSTON (1) VS. DETROIT (3)

(Boston leads 3-2)
Thursday's result
Boston 4 Detroit 3
Wednesday's result
Detroit 7 Boston 3
Saturday's game
Detroit (Scherzer 21-3) at Boston (Buchholz 12-1), 4:37 p.m.

NATIONAL LEAGUE

ST. LOUIS (1) VS. L.A. DODGERS (3)

(St. Louis leads 3-2)
Wednesday's result
L.A. Dodgers 6 St. Louis 4
Friday's game — All times Eastern
L.A. Dodgers (Kershaw 16-9) at St. Louis (Wacha 4-1), 8:37 p.m.
Saturday's game
x-L.A. Dodgers (Ryu 14-8) at St. Louis (Wainwright 19-9), 8:37 p.m.

CFL

EAST

	GP	W	L	T	PF	PA	Pt
x-Toronto	15	9	6	0	425	394	18
x-Hamilton	15	8	7	0	384	401	16
Montreal	15	6	9	0	376	419	12
Winnipeg	15	3	12	0	313	486	6

WEST

x-Calgary	15	12	3	0	486	349	24
x-Saskatchewan	15	10	5	0	433	325	20
x-B.C.	15	9	6	0	421	390	18
Edmonton	15	3	12	0	349	423	6

x — clinched playoff berth.
Friday's game — All times Eastern
Calgary at Edmonton, 9 p.m.
Saturday's games
Toronto at Winnipeg, 3:30 p.m.
B.C. at Saskatchewan, 7 p.m.
Sunday's game
Hamilton at Montreal, 1 p.m.

NFL

Thursday's result
Seattle 34 Arizona 22
Sunday's games
Cincinnati at Detroit, 1 p.m.
San Diego at Jacksonville, 1 p.m.
St. Louis at Carolina, 1 p.m.
Chicago at Washington, 1 p.m.
New England at N.Y. Jets, 1 p.m.
Buffalo at Miami, 1 p.m.
Dallas at Philadelphia, 1 p.m.
Tampa Bay at Atlanta, 1 p.m.
San Francisco at Tennessee, 4:05 p.m.
Cleveland at Green Bay, 4:25 p.m.
Houston at Kansas City, 4:25 p.m.
Baltimore at Pittsburgh, 4:25 p.m.
Denver at Indianapolis, 8:30 p.m.
Monday's game
Minnesota at N.Y. Giants, 8:40 p.m.

MLS

Wednesday's result
Los Angeles 1 Montreal 0
Friday's game — All times Eastern
D.C. at Kansas City, 8 p.m.
Saturday's games
Philadelphia at Montreal, 2 p.m.
Seattle at Dallas, 2:30 p.m.
Vancouver at Colorado, 6 p.m.
Columbus at New England, 7:30 p.m.
Toronto at Chicago, 8:30 p.m.
Salt Lake at Portland, 10:30 p.m.

Horoscopes

♈ Aries
March 21 - April 20
You will get what you ask for today so make sure you really want it. No matter how outrageous your request, the lunar eclipse in your sign will grant it for you. Does that get your imagination jumping?

♉ Taurus
April 21 - May 21
You will gain in some way today, maybe financially. However, the eclipse warns that what you get may be transitory in nature, so don't get too attached to it. If it's easy come it could also be easy go.

♊ Gemini
May 22 - June 21
You won't be short of ideas or self-belief today. You may, however, be short of the kind of foresight that can save you from making a wrong turn. Make a point of looking ahead.

♋ Cancer
June 22 - July 23
Employers could give you grief today, especially if they sense that you are none too sure of yourself. Visualize yourself as strong and capable. It may be an act but you can pull it off.

♌ Leo
July 24 - Aug. 23
You have wasted too much time and energy on someone who is clearly not going to play ball, so cut them out of your life completely. That may seem a harsh but it's all or nothing.

♍ Virgo
Aug. 24 - Sept. 23
Make a serious effort to resolve any differences of opinion you may have with colleagues. Not only will it make life easier for you on a day-to-day basis but it could also have some very welcome financial results.

♎ Libra
Sept. 24 - Oct. 23
The lunar eclipse in your opposite sign will bring an edge to partnerships and you may want nothing more than to get away from awkward people for a while. So what's stopping you? Just go.

♏ Scorpio
Oct. 24 - Nov. 22
For some strange reason you see plots and conspiracies wherever you look at the moment but are any of them likely to be real? No they aren't.

♐ Sagittarius
Nov. 23 - Dec. 21
Today's eclipse won't mess things up for you as much as it does for others but you need to take care. Above all, don't get emotional about issues that are of little importance in the greater scheme of things.

♑ Capricorn
Dec. 22 - Jan. 20
The quicker you come to a decision about some kind of domestic matter, the more likely it is to be wrong. To be blunt, your senses, including your sixth, are all over the place at the moment so hold fire.

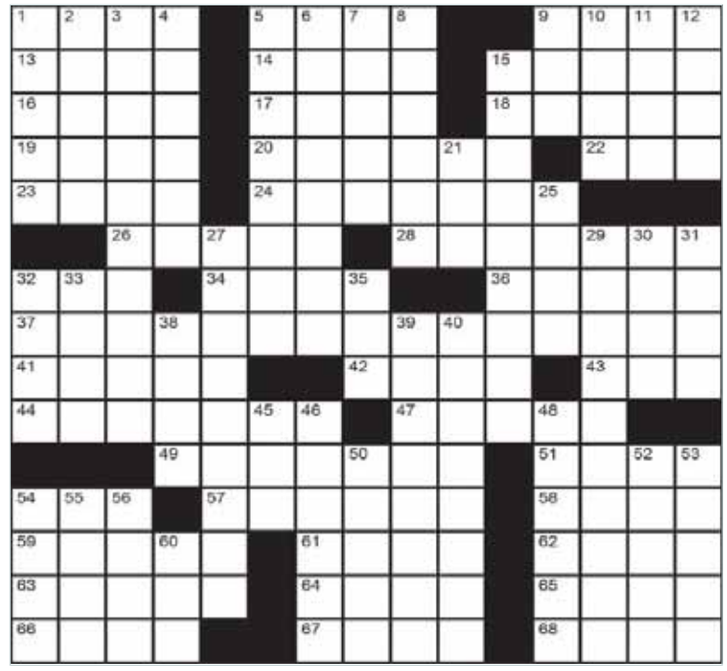
♒ Aquarius
Jan. 21 - Feb. 19
You know where you want to be but you can't work out how you are going to get there from where you are now. Once today's eclipse begins to wane the way ahead will be clear.

♓ Pisces
Feb. 20 - March 20
Someone will come to you with a sob story and, of course, you will do what you can to make them feel better. But don't give them money or you may never see it again. Be nice but be smart too. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

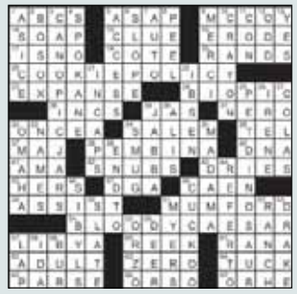
BY KELLY ANN BUCHANAN



Across
1. Test product
5. Chips __! (Chocolate chip cookie)
9. "I __ Fine" by The Beatles
13. Toronto-born actor Mr. McCormack
14. Read: French
15. Canadian poet, Al __ (b.1918 - d.2000)
16. Formerly, fancily
17. Taj Mahal's site
18. Kind of bay window
19. Somewhat, in music
20. __-tip marker
22. Hydrocarbon suffix
23. Swill
24. On the line: 2 wds.
26. Gunpowder component
28. Shake up
32. Long ago time
34. And so on, plurally [abbr.]
36. Fuzzy fruits
37. 1994 movie for Canadian stars Sandra Oh and Callum Keith Rennie: 2 wds.
41. Mother-of-pearl
42. James of "Misery" (1990)
43. No, to a Scot
44. Eno = __ brand
47. "The Price Is __"
49. Doorkeeper
51. Sugarloaf hit: "Green-__ Lady"
54. Will Ferrell comedy, "__ School" (2003)
57. Leisurely walk
58. In the distance
59. Question
61. Wheel shaft
62. Automatic
63. Extinct birds
64. Suit accessories
65. Litigates
66. Slow-cooked meal
67. Tubular water denizens
68. Sea eagles [var. sp.]

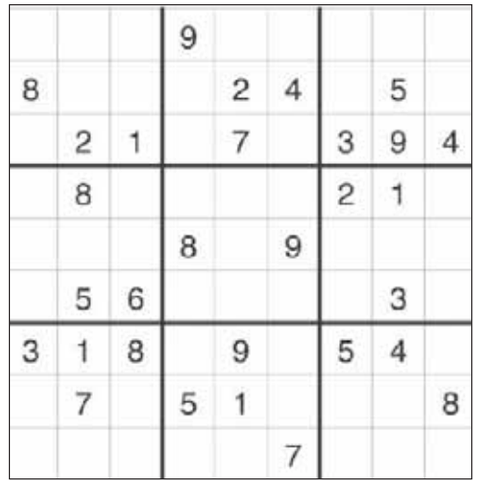
Down
1. Oceanic abysses
2. Mr. Flynn of swashbucklers
3. Wrongdoing
4. Eight-armed sea dwellers
5. Individually, as on menus: 3 wds.
6. Like many modern gadgets
7. Root used in perfumes
8. Bread ingredients
9. Fido's coat
10. Port city in Pennsylvania
11. Old Testament place
12. Country singer Mr. Lovett
15. Walter Ostanek, 'Canada's __ __'
21. All-you-can-__ (Restaurant style)
25. Daughter on "The Waltons"
27. Shows TV shows
29. Kiefer Sutherland TV series ...when spelled-out
30. Ms. Kudrow
31. 'Fin' finisher (Tactfulness)
32. __ Turnblad, role in "Hairspray" (2007)
33. __ Shark
35. Cul-de-__
38. Show off
39. The 49th __
40. Without hurt
45. "The Addams Family" cousin
46. Lessen the value of
48. Coffin-carrying car
50. Spunk
52. Polished off, as food
53. Madonna song: "__ You Up"
54. Gambler's chances
55. Plunder
56. "__, Where's My Car?" (2000)
60. __ and arrow

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Yesterday's Sudoku

2	3	9	8	4	1	6	5	7
4	6	5	2	7	9	3	8	1
1	8	7	3	5	6	2	4	9
8	5	2	7	9	3	1	6	4
9	1	3	5	6	4	7	2	8
7	4	6	1	8	2	9	3	5
3	7	4	6	1	5	8	9	2
5	2	8	9	3	7	4	1	6
6	9	1	4	2	8	5	7	3

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